2003 SUMMARY REPORT of SEVEN ACRE LAKE

Lake County, Illinois

Prepared by the

LAKE COUNTY HEALTH DEPARTMENT ENVIRONMENTAL HEALTH SERVICES LAKES MANAGEMENT UNIT

3010 Grand Avenue Waukegan, Illinois 60085

Michael Adam

Christina L. Brant Mary Colwell Joseph Marencik Mark Pfister

January 2004

TABLE OF CONTENTS

EXECUTIVE SUMMARY	4
LAKE IDENTIFICATION AND LOCATION	5
BRIEF HISTORY OF SEVEN ACRE LAKE	5
SUMMARY OF CURRENT AND HISTORICAL LAKE USES	5
LIMNOLOGICAL DATA	
Water Quality	9
Aquatic Plant Assessment	16
Shoreline Assessment	19
Wildlife Assessment	19
EXISTING LAKE QUALITY PROBLEMS	24
POTENTIAL OBJECTIVES FOR THE SEVEN ACRE LAKE MANAGEMENT PLAN	26
OPTIONS FOR ACHIEVING THE LAKE MANAGEMENT PLAN OBJECTIVES	
Objective I: Create a Bathymetric Map Including a Morphometric Table	27
Objective II: Illinois Volunteer Lake Monitoring Program	28
Objective III: Nuisance Algae Management Options	29
Objective IV: Aquatic Plant Management Options	36
Objective V: Aquatic Flant Management Options Objective V: Shoreline Erosion Control	43
Objective VI: Eliminate or Control Exotic Species	52
Objective VII: Canada Goose Management	57
Objective VIII: Beaver Management	64
Objective IX: Enhance Wildlife Habitat Conditions	67
TABLES AND FIGURES	
Figure 1. Approximate watershed delineation of Seven Acre Lake, 2003.	6
Figure 2. The 2003 shoreline outline of Seven Acre Lake overlaid on the 1939 aerial	
photograph.	7
Figure 3. Land uses in the Seven Acre Lake watershed, 2000.	8
Figure 4. 2003 water quality sampling site and access location on Seven Acre Lake.	10
Figure 5. Monthly Secchi disk transparency (in feet) and epilimnetic total phosphorus	
(TP) concentrations (in mg/L) for Seven Acre Lake, 2003.	11
Figure 6. Monthly Secchi disk transparency (in feet) and epilimnetic total suspended	
solid (TSS) concentrations (in mg/L) for Seven Acre Lake, 2003.	13
Table 3. Aquatic and shoreline plants on Seven Acre Lake, May – September 2003.	18
Figure 7. 2003 shoreline types on Seven Acre Lake.	20
Figure 8. 2003 shoreline erosion on Seven Acre Lake.	21
Table 5. Wildlife species observed on Seven Acre Lake, April – September 2003.	22

APPENDIX A: DATA TABLES FOR SEVEN ACRE LAKE

- Table 1. 2003 water quality data for Seven Acre Lake.
- Table 2. Lake County average TSI phosphorus ranking 1999-2003.
- Table 4. Aquatic vegetation sampling results for Seven Acre Lake, May September 2003.
- Table 6. Native plants for use in stabilization and revegetation.
- APPENDIX B: METHODS FOR FIELD DATA COLLECTION AND LABORATORY ANALYSES
- APPENDIX C: 2003 MULTIPARAMETER DATA FOR SEVEN ACRE LAKE
- APPENDIX D: GRANT OPPORTUNITIES FOR SEVEN ACRE LAKE

EXECUTIVE SUMMARY

Seven Acre Lake is a private lake located in Island Lake (Wauconda Township). The lake encompasses approximately 6.5 acres and has a shoreline length of 0.61 miles. The current maximum depth was determined to be 11.9 feet, as measured in July 2003.

Water clarity, as measured by Secchi disk transparency readings, averaged 4.18 feet for the season, which is slightly above the county median (where 50% of the lakes are above and below this value) of 3.41 feet. The deepest readings occurred prior to the herbicide treatments when aquatic plant growth in the lake was at its maximum.

Correlated with the decrease in clarity after the May herbicide treatment, the total phosphorus (TP) and total suspended solid (TSS) concentrations in the lake increased. The 2003 average TP and TSS concentrations in the epilimnion in Seven Acre Lake were 0.046 mg/L and 6.3 mg/L, respectively. Both of these averages are slightly below county medians

The aeration system that is currently in the lake is properly sized, however some adjustments may need to be made. Dissolved oxygen (DO) concentrations in Seven Acre Lake were relatively stable during the season with the exception of the August sample date, when concentrations at the surface were below 5 mg/L (4.92 mg/L). Some fish species may become stressed when DO concentrations fall below 5 mg/L.

Seven aquatic plant species and several emergent shoreline plants were found. Coontail was the dominant plant in Seven Acre Lake in 2003 consisting of 77% of all the samples, being the most common in June and July prior to the July aquatic plant treatment. One interesting finding was the presence of various-leaved milfoil in the lake (28% of the samples). This rare native plant has only been found in one other lake in the county.

Approximately 57% of the shoreline of Seven Acre Lake was classified as developed. The eastern shoreline is undeveloped, comprising 43% of the shoreline. Riprap and shrub habitats were the most common shoreline types consisting of 44% and 43% of the shoreline, respectively.

The shoreline was assessed for the degrees and types of shoreline erosion. Only 297 feet or 9.2% of the shoreline was classified as slightly eroding, and only 268 feet or 8.4% of the shoreline was classified as moderately eroding. There were no areas around the lake that were classified as severely eroding.

Several exotics were found growing along the shoreline, including buckthorn, purple loosestrife, multiflora rose, and reed canary grass. Removal or control of these exotic species is recommended.

During the season we observed a sandhill crane using the area around Seven Acre Lake. This species of crane is listed as a threatened species in the state of Illinois.

LAKE IDENTIFICATION AND LOCATION

Seven Acre Lake (T44N, R9E, Section 16) is a private lake located east of Darrell Road and north of Burnett Road in Island Lake (Wauconda Township). It is part of the Lower Chain O' Lakes drainage of the Fox River watershed. Seven Acre Lake's watershed is approximately 402 acres, and has a watershed to lake ratio of 62:1 (Figure 1). There is one inlet to the lake, a 12" culvert that drains a wetland area that is approximately 240 feet north of the lake. The outlet is a single culvert on the northwestern end of the lake. Water leaves the lake and enters another wetland, eventually flowing into the Fox River.

Seven Acre Lake encompasses approximately 6.5 acres and has a shoreline length of 0.61 miles. The current maximum depth was determined to be 11.9 feet, as measured in July 2003. Since no bathymetric (depth contour) map of Seven Acre Lake is known to exist, the volume of the lake was estimated based on data from lakes with known depths and volumes. Mean depth was obtained by multiplying the maximum depth by 0.5. Volume was obtained by multiplying the mean depth by the lake surface area. Based on these calculations, Seven Acre Lake has an estimated mean depth of six feet and an estimated volume of 39 acre-feet. Lake elevation is approximately 745 feet above sea level.

BRIEF HISTORY OF SEVEN ACRE LAKE

Seven Acre Lake was created by the excavation of a depression/wetland area. Figure 2 shows a 1939 aerial photograph of the area, prior to the lake's creation.

SUMMARY OF CURRENT AND HISTORICAL LAKE USES

Seven Acre Lake is used primarily for the aesthetic enjoyment of the residents. There are currently six private homes and eight bottom owners of the lake. One of the parcels belongs to the Rolling Oaks Homeowners Association, which manages the lake and operates a beach on the south end of the lake. The beach is for the private use of Association members. The lake has no public access. No gas-powered watercraft are permitted on the lake, although electric motors are allowed.

The lake is treated with aquatic herbicides and algicides on an annual basis. Details of these treatments will be addressed in the **Aquatic Plant Assessment** section of this report.

An aeration system was installed in the lake 2003, prior to our study. This system has one 0.75 horsepower (HP) rotary vane compressor running at 8.8 cubic feet per minute at 10 psi. The unit operates four lines that run out to diffusers that are set at approximately 6-8 feet deep. The aerator is on from April to November. More information on this system will be discussed in the **Water Quality Assessment** section in this report.

Figure 1. Watershed.

Figure 2. 1939 aerial

Figure 3. Land uses.

The composition of land uses within a lake's watershed often influences its water quality. The major land use in the Seven Acre Lake watershed (based on 2000 land use maps) is agriculture (57.4%), followed by forest/grassland (15.6%), and wetlands (13.0%; Figure 3). The remaining land use types were industrial (5.1%), water (4.2%), single family (3.7%), transportation (0.8%), and public and private open space (0.1%).

LIMNOLOGICAL DATA – WATER QUALITY

Water samples were collected monthly from May - September at the deep-hole location in the lake (Figure 4). See Appendix B for water sampling methods.

Seven Acre Lake's water quality is similar to many lakes in Lake County (Table 1 in Appendix A). Most of the water quality parameters measured were near the averages of other lakes that we have monitored. Several important findings were noted.

Water clarity, as measured by Secchi disk transparency readings, averaged 4.18 feet for the season, which is slightly above the county median (where 50% of the lakes are above and below this value) of 3.41 feet. The deepest reading was recorded in May (5.18 feet) and shallowest in September (2.76 feet). The decline in clarity over the season can be attributed, in part, to the herbicide treatments that occurred in May and July. The reduction of aquatic plants (particularly curlyleaf pondweed) led to the increase in the severity of algae blooms, since plants compete with algae for nutrients in the water. The May reading was prior to any herbicide treatments when aquatic plant growth in the lake was at its maximum. To track future water quality trends, it is recommended that the lake become enrolled in the Volunteer Lake Monitoring Program (VMLP), which trains a volunteer to measure the Secchi disk readings on a bimonthly basis from April to October. For more information see **Objective II: Illinois Volunteer Lake Monitoring Program.**

Correlated with the decrease in clarity after the May herbicide treatment, the total phosphorus (TP) concentrations in the lake increased (Figure 5). The TP concentrations in June through September (range: 0.045-0.056~mg/L), were nearly twice the May concentration (0.023~mg/L). Higher TP concentrations are the result of the herbicide treatments, which caused the release of TP from decaying plant material, as well as phosphorus utilized and found in algae. The July herbicide treatment had less of an impact on TP concentrations since the treatment was smaller in scope and the target species, coontail, was not as dense as the curlyleaf pondweed was in May. The 2003 average TP concentration in Seven Acre Lake was 0.046~mg/L in the epilimnion. This is slightly lower than the county median of 0.059~mg/L. Values above 0.03~mg/L in the epilimnion are considered sufficient enough to cause nuisance algae blooms. Algae, both filamentous and planktonic, were seen during the sampling season. One of the largest threats to the lake is probably fertilizer (which is often high in phosphorus) applied to the lawns near the lake as well as agricultural fields in the watershed. It is recommended that homeowners use a no-phosphorus fertilizer on their lawns.

Figure 4. Sample location.

Figure 5. TP and Secchi.

Total suspended solid (TSS) concentrations in the epilimnion (6.3 mg/L) were slightly below the county median (7.5 mg/L). Similar to the correlation between TP and Secchi transparency, TSS concentrations also increased with decreasing water clarity (Figure 6). The TSS concentrations increased throughout the season, with the highest concentration occurring in September (12.0 mg/L). This was probably the result of the lake mixing (or turnover) prior to the September sampling date. The nutrients that were building up in the hypolimnion during the summer were released into the epilimnion causing the higher concentrations.

Seven Acre Lake may exhibit polymictic tendencies, meaning stratification and turnover occur repeatedly over the year. This may have been the result of climatic factors (i.e., wind and wave action, temperature) and that the lake is small and shallow. It may also be the result of the aeration system. One of the diffusers was located less than 100 feet from our sample location and may have been causing some mixing in the top 6-8 feet (this diffuser was on the lake bottom at an eight-foot depth), but not mixing below eight feet. The lake was weakly stratified during the May sampling date with a thermocline established at approximately six feet. In June and July a stronger thermocline was located at seven feet and in August at nine feet. By the September visit the thermocline had dissipated and the lake had completed turnover as mentioned earlier.

High nutrient concentrations are usually indicative of water quality problems. Algae need light and nutrients, most importantly carbon, nitrogen (N) and phosphorus (P), to grow. Light and carbon are not normally in short supply (limiting). This means that nutrients (N&P) are usually the limiting factors in algal growth. Nitrogen, as well as carbon, naturally occur in high concentrations and come from a variety of sources (soil, air, etc.) that are more difficult to control than sources of phosphorus. To compare the availability of these nutrients, a ratio of total nitrogen to total phosphorus is used (TN: TP). Ratios < 10:1 indicate nitrogen is limiting. Ratios of >15:1 indicate phosphorus is limiting. Ratios >10:1, <15:1 indicate that there is enough of both nutrients for excessive algal growth. The average ratio between total nitrogen and total phosphorus for Seven Acre Lake in 2003 was 31:1, indicating a phosphorus-limited system. Lakes that are phosphorus-limited may be easier to manage, since controlling phosphorus is more feasible than controlling nitrogen or carbon.

Dissolved oxygen (DO) concentrations in Seven Acre Lake were relatively stable during the season with the exception of the August sample date, when concentrations at the surface were below 5 mg/L (4.92 mg/L). Some fish species may become stressed when DO concentrations fall below 5 mg/L. The aeration system was operating during every sample visit, so although the closest diffuser was less than 100 feet away from the sample point, the DO concentrations were still below 5 mg/L in August. DO concentrations should be monitored to ensure that this does not cause a problem in the future. Particular care should be taken when any herbicide or algicide treatments occur, since decaying plants and algae consume oxygen during decomposition. The low DO concentrations in August are may not be the direct result of the algicide treatment that occurred in July, since it was applied two weeks prior to water sampling. However, the July herbicide

Figure 6. TSS and Secchi.

treatment (liquid 2,4-D) may have influenced the DO concentrations since this class of herbicide (systemic) is slower acting than a contact herbicide (like diquat). Thus, the two week time between herbicide application and the low DO concentrations may coincide with when the coontail was beginning to die and decay (thus consuming oxygen). DO concentrations should be taken prior to any herbicide or algicide treatments.

Based on a 6.5 acre lake, an aeration system designed to destratify the lake would need to have a 0.39 to 0.65 HP compressor with a 5.9 to 8.5 cubic feet per minute (CFM) capacity. Currently the system has one compressor at 0.75 HP with a 8.8 CFM capacity at 10 PSI. Each diffuser is rated for a 2-4 CFM capacity. Thus, based on these specifications the aeration system that is currently in the lake is properly sized. However, several issues concerning the aeration system were noted. During the season we notice that not all of the diffusers were operating the same, in fact, one diffuser was not working at all for a time. Aquatic Weed Technology, the company that sold the unit to the association, made an adjustment to the airflow by manipulating the manifolds, apparently correcting the problem. Maintaining the aeration system, including periodic manifold adjustments, should be a priority for the association in order to achieve the maximum performance from the system. Also, the aeration system in Seven Acre Lake was apparently installed to reduce algae growth and improve DO conditions since the lake did experience a fishkill in the winter of 2000-2001. The aerators may do very little to reduce algae concentrations with the exception of the area immediately around the diffuser. In 2003, the lake did not experience any severe DO problems, however, as mentioned previously the August DO concentrations were below 5 mg/L at the surface. So despite being properly sized, some low DO concentrations did occur. In addition to an adjustment to the manifolds to ensure even pressure to all diffusers, the diffuser north of the island should be moved to the deepest (approximately 12 feet) part of the lake (approximately 150 feet to the northwest of the current location). The creation of a bathymetric map would assist in proper diffuser placement. Finally, if the main purpose of the aeration system was to prevent winter fishkills, the system should remain on during the winter and not turned off in November as is currently being done. However, leaving the aerator on during the winter creates open water that may be more desirable for Canada geese. The association may look at having the aerators on only during the times of the year (midsummer and winter) when fishkills are more likely to happen. The aerators should be turned off in the late-fall/early winter to allow the lake to completely freeze over. This will force resident Canada geese to leave the area. Approximately one month after iceover the aerators can be turned on again until ice-off (or before dissolved oxygen concentrations drop below 5 mg/L).

Water levels on Seven Acre Lake fluctuated throughout the season. The maximum one-month change occurred between August and September when the lake level dropped by 6.25 inches. The maximum change over the season (June to September) was a 11.9-inch decrease. Significant changes in water levels may have a negative impact on water quality. In addition, lakes with fluctuating water levels potentially have more shoreline erosion problems.

Rain events probably contribute additional sediment or nutrients (like phosphorus) to a lake, which may have influenced the water sample results. However, rain occurred within 48 hours prior to water sampling in May (0.34 inches) and July (1.27 inches) as recorded at the Lake County Stormwater Management Commission rain gage in Wauconda. The water quality parameters did not appear to be impacted by either of the rainfall events, however, the lake may be receiving nutrient inputs from stormwater from the adjacent landscape including residential lawns.

Based on data collected in 2003, standard classification indices compiled by the Illinois Environmental Protection Agency (IEPA) were used to determine the current condition of Seven Acre Lake. A general overall index that is commonly used is called a trophic state index or TSI. The TSI index classifies the lake into one of four categories: oligotrophic (nutrient-poor, biologically unproductive), mesotrophic (intermediate nutrient availability and biological productivity), eutrophic (nutrient-rich, highly productive), or hypereutrophic (extremely nutrient-rich productive). This index can be calculated using total phosphorus values obtained at or near the surface. The TSIp for Seven Acre Lake in 2003 classified it as a eutrophic lake (TSIp = 59.4). Eutrophic lakes are the most common types of lakes throughout the lower Midwest, and they are particularly common among manmade lakes. See Table 2 in Appendix A for a ranking of average TSIp values for Lake County lakes (Seven Acre Lake is currently #51 of 130). This ranking is only a relative assessment of the lakes in the county. The current rank of a lake is dependent upon many factors including lake origin, water source, nutrient loads, and morphometric features (volume, depth, substrate, etc.). Thus, a small shallow manmade lake with high nutrient loads could not expect to achieve a high ranking even with intensive management.

In Seven Acre Lake, the IEPA aquatic life impairment index was low, indicating a full degree of support for all aquatic organisms in the lake. However, due to the trophic state of the lake the swimming index indicated only a partial degree of support. Similarly, the higher density of aquatic plants in May (prior to herbicide treatment), caused recreation use index to have a partial impairment. The overall use index for the lake was partial support.

As mentioned previously, the Rolling Oaks Homeowners Association has a private beach on the south end of the lake. We monitored this beach bimonthly for fecal coliform bacteria from early May to Labor Day from 1990-1993. During that time the beach was never closed due to high bacteria counts, but on three occasions (twice in 1993 and once in 1992) we issued a warning, meaning that one day had greater than 500 colonies (cfu)/100 mL. If two consecutive days had greater than 500 cfu/mL the beach would have been closed. Due to the excessive numbers of Canada geese around the lake, the Association should consider reestablishing a beach monitoring program by becoming an IDPH licensed beach.

LIMNOLOGICAL DATA – AQUATIC PLANT ASSESSMENT

Aquatic plant species presence and distribution in Seven Acre Lake were assessed monthly from May through September 2003 (see Appendix B for methods). Seven aquatic plant species and several emergent shoreline plants were found (see Table 3, below). Terrestrial shoreline plants were also noted, but not quantified.

Coontail was the dominant plant in Seven Acre Lake in 2003 consisting of 77% of all the samples, being the most common in June and July prior to July aquatic plant treatment. Curlyleaf pondweed, an exotic, was the next most common species comprising 33% of all samples, however, all of the samples were found in May and June. This is due to the nature of curlyleaf pondweed (i.e., dies back naturally in early summer) and due to the aquatic plant treatment in May. As noted earlier, the TP and TSS concentrations increased and the water clarity decreased after the May herbicide treatment.

Two interesting findings resulted from the plant sampling on Seven Acre Lake. First, we found various-leaved milfoil in the lake in good numbers (28% of the samples), concentrated in the northern half of the lake. This rare native plant has only been found in one other lake (Lake of the Hollow, approximately five miles north of Seven Acre Lake) in the county since we have been intensively surveying aquatic plant communities (2000-2003). Secondly, our plant surveys found no Eurasian water milfoil (EWM) in the lake. EWM is an exotic invasive plant that is detrimental to lakes in North America as it outcompetes many native aquatic plants. The aquatic plant management of Seven Acre Lake should take into account these findings. Plant treatments should be conducted to obtain the Associations goals (minimal plant coverage, particularly near shore) while attempting to maintain this valuable resource (various-leaved milfoil) in the county. In addition, monitoring for the presence of EWM in the lake should continue.

Three herbicide/algicide treatments occurred in 2003. The first treatment occurred on May 29 and consisted of two gallons of diquat (Reward®) and 10 gallons of Cutrine—Plus® (an algicide). The target plant species was curlyleaf pondweed. On June 27, a spot treatment of 7.5 gallons of Cutrine—Plus® near the beach occurred. The final treatment occurred on July 29, with four gallons of liquid 2,4-D, targeting the coontail, and 6.5 gallons of Cutrine—Plus® for algae control. The lake receives similar herbicide and algicide treatments each year.

The 1% light levels (the point where plant photosynthesis ceases) remained consistent throughout the summer with the 1% level penetrating down to eight feet, with the exception of August when it only penetrated down to 3.5 feet. This decline in light penetration in August was the result of a severe algae bloom which was occurring at the time of sampling. Although no bathymetric map of Seven Acre Lake exists, depth soundings throughout the season indicate that most of the lake is less than eight feet deep. Thus, the potential aquatic plant coverage along the lake bottom is near 100%, however the previously mentioned herbicide treatments significantly reduced the coverage to less than 5%. In May, prior to the treatments the plant coverage, was estimated that at 60% (note: this is plant coverage on the lake bottom and not an estimate of plants at the

water's surface). The Illinois Department of Natural Resources recommends 25-40% aquatic plant coverage to maintain ideal fish habitat conditions. Beneficial native plants (both submersed and emergent) are present in the lake and should be encouraged to expand to enhance habitats for fish and other wildlife and well as improve water quality.

A balanced aquatic plant management plan in needed for Seven Acre Lake. The challenge is to address the desires of the homeowners of the lake, while managing for the lake's overall ecological health. It is recommended that some native aquatic plants be allowed to grow and expand, while controlling those that become invasive and interfere with the aesthetic qualities of the lake. This may be achieved by spot treating areas of the lake where problematic plants are occurring. Healthy plant populations in the lake may result in cost savings due to the need for less herbicides and algicides. Native aquatic plants infrequently grow to nuisance levels (with the exception of coontail) and will compete with algae for available nutrients, as well as stabilize lake bottom sediment. More information can be found in **Objective IV: Aquatic Plant Management Options.**

Floristic quality index (FQI; Swink and Wilhelm 1994) is an assessment tool designed to evaluate the closeness that the flora of an area is to that of undisturbed conditions. It can be used to: 1) identify natural areas, 2) compare the quality of different sites or different locations within a single site, 3) monitor long-term floristic trends, and 4) monitor habitat restoration efforts. Each aquatic plant in a lake is assigned a number between 1 and 10 (10 indicating the plant species most sensitive to disturbance). This is done for every floating and submersed plant species found in the lake. These numbers are averaged and multiplied by the square root of the number of species present to calculate an FQI. A high FQI number indicates that there are a large number of sensitive, high quality plant species present in the lake. Non-native species were counted in the FQI calculations for Lake County lakes. In 2003, Seven Acre Lake had a FQI of 15.5. The median FQI of lakes that we have studied from 2000-2003 is 14.0.

Table 3. Aquatic and shoreline plants on Seven Acre Lake, May - September 2003.

Aquatic Plants

Coontail Ceratophyllum demersum

Chara sp.

Various-leaved Water Milfoil Myriophyllum heterophyllum

White Water Lily
Curlyleaf Pondweed[#]
Sago Pondweed
Horned Pondweed

Nymphaea tuberosa
Potamogeton crispus
Stuckenia pectinatus
Zannichellia palustris

Shoreline Plants

Silver maple Acer saccharinum

Alder Alnus sp.

Giant Ragweed

Burdock[#]

Ambrosia trifida

Arctium minus

Aster sp. Aster sp.

Pigweed[#] Amaranthus sp.

Prairie Dogbane Apocynum cannabinum

Common Milkweed Asclepias syriaca
Thistle Cirsium sp.
Dogwood Cornus sp.
Crown-vetch# Coronilla varia

Spikerush Coronila varia

Eleocharis sp.

Joe-Pye Weed

Jewelweed

Blue Flag Iris

Purple Loosestrife[#]

Wild Bergamot

Eupatorium maculatum

Impatiens pallida

Iris hexagona

Lythrum salicaria

Monarda fistulosa

Red Mulberry Morus rubra

Reed Canary Grass[#] Phalaris arundinacea

Smartweed Polygonum sp.
Cottonwood Populus deltoides
Buckthorn[#] Rhamnus cathartica
Multiflora Rose[#] Rosa multiflora
Common Arrowhead Sagittaria latifolia

Willow Salix sp.
Goldenrod Solidago sp.
Sow Thistle[#] Sonchus sp.
Cattail Typha sp.

Chinese Elm[#]

Blue Vervain

Ulmus parvifolia

Verbena hastata

Wild Grape Vitis sp.

Exotic species

LIMNOLOGICAL DATA – SHORELINE ASSESSMENT

A shoreline assessment was conducted in July 2003 to determine the condition of the lake shoreline (see Appendix B for methods). Of particular interest was the condition of the shoreline at the water/land interface.

Approximately 57% of the shoreline of Seven Acre Lake was classified as developed. The eastern shoreline is undeveloped, comprising 43% of the total shoreline. Riprap and shrub habitats were the most common shoreline types consisting of 44% and 43% of the shoreline, respectively (Figure 7). The two other shoreline types around the lake, beach and buffer, made up the remaining 13% of the shoreline. Buffer habitat, which is a strip of unmowed vegetation preferably consisting of native plants located at the water's edge should be established around the lake, particularly where manicured lawns are located. This habitat can help filter the nutrients and pollutants from the surrounding watershed before they enter the lake, as well as providing habitat that is favored by many wildlife species, but not favored by residential Canada geese.

The shoreline was assessed for the degrees and types of shoreline erosion. Only 297 feet (9.2%) of the shoreline was classified as slightly eroding, and only 268 feet (8.4%) of the shoreline was classified as moderately eroding (Figure 8). There were no areas around the lake that were classified as severely eroding. The slightly eroded areas should be monitored for future degradation. The moderately eroded areas should be remediated immediately to prevent additional loss of shoreline and prevent continued degradation of the water quality through sediment inputs. When possible, the shorelines should be repaired using natural vegetation and not riprap or seawalls. More information can be found in **Objective V: Shoreline Erosion Control**.

Several exotics were found growing along the shoreline, including buckthorn, purple loosestrife, multiflora rose, and reed canary grass. Similar to aquatic exotics, these terrestrial exotics are detrimental to the native plant ecosystems around the lake. Removal or control of exotic species is recommended. More information can be found in **Objective VI: Eliminate or Control Exotic Species**.

LIMNOLOGICAL DATA – WILDLIFE ASSESSMENT

Good numbers of wildlife, particularly birds, were noted on and around Seven Acre Lake. See Appendix B for methods. Several of the species listed in Table 5 (below) were seen during spring or fall migration and were assumed not to be nesting around the lake.

Habitat around Seven Acre Lake was fair to good. The undeveloped eastern shoreline provided a good diversity of habitats and was where many of the bird species were observed. Additional habitat may be created around the lake, such as erecting birdhouses

Figure 7. Shoreline types

Figure 8. Erosion

or allowing brush and trees that have falling into the water remain. More information can be found in **Objective IX: Enhance Wildlife Habitat Conditions**.

One wildlife problem that was identified was the large numbers of resident Canada geese that were seen throughout the season. Resident geese contribute large amounts of feces to the surrounding landscape that eventually washes into the lake, which can exacerbate the nutrient problems in the lake, leading to excessive algae blooms. Controlling resident geese can be difficult and in some cases permits are required by the Illinois Department of Natural Resources. Growing buffer strips around the lake will help discourage geese from using lawns and allowing the lake to completely freeze in the winter will potentially encourage geese to move away from the lake. More information can be found in **Objective VII: Canada Goose Management.**

During the season we observed a sandhill crane using the area around Seven Acre Lake. This species is listed as a threatened species in the state of Illinois. It is unknown if this bird was nesting in the area or if it was using the area seasonally.

During the season we observed numerous trees that had been damaged by beaver. Due to the proximity of the wetland to the lake, the presence of beaver may be a continuous problem. Reducing the beaver population and protecting valuable trees and shrubs are the preferred option in minimizing their impact. More information can be found in **Objective VIII: Beaver Management.**

We did not conduct any fish surveys in 2003.

Cedar Waxwing

Table 5. Wildlife species observed on	Seven Acre Lake, A	April – September 2003.
---------------------------------------	--------------------	-------------------------

<u>Birds</u>	
Double-crested Cormorant	Phalacrocorax auritus
Canada Goose	Branta canadensis
Mallard	Anas platyrhnchos
Great Blue Heron	Ardea herodias
Sandhill Crane+	Grus canadensis
Spotted Sandpiper	Actitis macularia
Mourning Dove	Zenaida macroura
Belted Kingfisher	Megaceryle alcyon
Downy Woodpecker	Picoides pubescens
Great Crested Flycatcher	Myiarchus crinitus
Eastern Pewee	Contopus virens
Barn Swallow	Hirundo rustica
American Crow	Corvus brachyrhynchos
Blue Jay	Cyanocitta cristata
White-breasted Nuthatch	Sitta carolinensis
Catbird	Dumetella carolinensis
American Robin	Turdus migratorius

Bombycilla cedrorum

Table 5. Wildlife species observed on Seven Acre Lake, April – September 2003 (cont'd).

Warbling Vireo Vireo gilvus

Cape May Warbler Dendroica tigrina

Chestnut-sided Warbler Dendroica pensylvanica

Wilson's Warbler
Yellow Warbler
Common Yellowthroat
Northern Waterthrush
Wilsonia pusilla
Dendroica petechia
Geothlypis trichas
Seiurus noveboracensis

Brown-headed Cowbird

Common Grackle

Starling

Northern Oriole

House Sparrow

Northern Cardinal

House Finch

Molothrus ater

Quiscalus quiscula

Sturnus vulgaris

Icterus galbula

Passer domesticus

Cardinalis cardinalis

Carpodacus mexicanus

American Goldfinch
Indigo Bunting
Chipping Sparrow
Song Sparrow
Song Sparrow
Chipping Sparrow
Song Sparrow
Melospiza melodia

Mammals

Gray Squirrel Sciurus carolinensis

Amphibians and Reptiles

None noted.

<u>Mussels</u>

Giant Floater Pyganodon grandis

Insects

Cicadas Cicadidae Dragonfly Anisoptera

Monarch Butterfly Danaus plexippus

*Endangered in Illinois +Threatened in Illinois

EXISTING LAKE QUALITY PROBLEMS

• Lack of a Quality Bathymetric Map

A bathymetric (depth contour) map is an essential tool for effective lake management since it provides critical information on the morphometric features of the lake (i.e., acreage, depth, volume, etc.). This information is particularly important when intensive management techniques (i.e., aeration, chemical treatments for plant or algae control, dredging, fish stocking, etc.) are part of the lake's overall management plan. Currently, no bathymetric map of Seven Acre Lake exists.

• Decrease in Water Quality After Herbicide Treatments

Seven Acre Lake had a Secchi disk transparency reading of 4.18 feet, which is slightly above the county average. However, water clarity decreased after the May aquatic plant treatment, which also resulted in an increase in algae blooms during the remainder of the season. Correlated with the decreased water clarity was an increase in total phosphorus and total suspended solid concentrations.

• Limited Aquatic Vegetation

Only seven species of aquatic plants were found in Seven Acre Lake, and most of those were found in May prior to herbicide treatments. The reduction in the aquatic plant populations caused a decrease in water quality and an increase in algae blooms. Beneficial native plants (both submersed and emergent), including the rare various-leaved milfoil, are present in the lake and should be encouraged to expand to enhance habitats for fish and other wildlife and as well as improve water quality. A balanced aquatic plant management plan could address the aesthetic needs of the homeowners and the overall ecological health of the lake.

• Aeration System

The current aeration system is properly sized. However, it was installed to reduce algae blooms and improve DO conditions. The aeration system may be doing little to reduce algae blooms, except in the area immediately around the diffuser. The impact on DO concentrations is difficult to assess, however, DO concentrations at the sample location in August were below 5 mg/L, indicating the system was having a minimal impact in the immediate vicinity around the one diffuser. This diffuser should be moved to the deepest area of the lake. The creation of a bathymetric map will aid in determining the diffuser placement. Also, adjustments may need to be made to the manifolds to ensure even air flow to all diffusers.

• Invasive Shoreline Plant Species

Numerous exotic plant species (i.e., purple loosestrife, buckthorn, and reed canary grass) were found on the shores of Seven Acre Lake. Loosestrife and buckthorn are particularly problematic as they outcompete native plants and offer little value in terms of shoreline stabilization or wildlife habitat. These exotic plants should be removed and replaced with native shoreline plants.

Canada Geese

Numerous resident Canada geese were observed throughout the season on lawns surrounding the lake. Geese can be problematic since they contribute large amounts of feces to the surrounding landscape that eventually washes into the lake, which can exacerbate the nutrients problems in the lake, leading to excessive algae blooms. Growing buffer habitat along the shoreline and allowing the lake to completely freeze during the winter will aid in the management of this bird.

Beaver

During the season we observed numerous trees that had been damaged by beaver. Due to the proximity of the wetland to the lake, the presence of beaver may be a continuous problem. Reducing the beaver population and protecting valuable trees and shrubs are the preferred option in minimizing their impact.

POTENTIAL OBJECTIVES FOR THE SEVEN ACRE LAKE MANAGEMENT PLAN

- I. Create a Bathymetric Map Including a Morphometric Table
- II. Illinois Volunteer Lake Monitoring Program
- III. Nuisance Algae Management Options
- IV. Aquatic Plant Management Options
- V. Shoreline Erosion Control
- VI. Eliminate or Control Exotic Plant Species
- VII. Canada Goose Management
- VIII. Beaver Management
- IX. Enhance Wildlife Habitat Conditions

Objective I: Create a Bathymetric Map Including a Morphometric Table

A bathymetric map (depth contour) map is an essential tool for effective lake management since it provides critical information about the physical features of the lake, such as depth, surface area, volume, etc. This information is particularly important when intensive management techniques (i.e., chemical treatments for plant or algae control, dredging, fish stocking, etc.) are part of the lake's overall management plan. Some bathymetric maps for lakes in Lake County do exist, but they are frequently old, outdated and do not accurately represent the current features of the lake. Maps can be created by agencies like the Lake County Health Department - Lakes Management Unit or other companies. Costs vary, but can range from \$3,000-10,000 depending on lake size.

Objective II: Participate in the Volunteer Lake Monitoring Program

In 1981, the Illinois Volunteer Lake Monitoring Program (VLMP) was established by the Illinois Environmental Protection agency (Illinois EPA) to gather fundamental information on Illinois inland lakes, and to provide an educational program for citizens. Annually, approximately 165 lakes (out of 3,041 lakes in Illinois) are sampled by approximately 300 citizen volunteers. The volunteers are primarily lake shore residents, lake owners/managers, members of environmental groups, public water supply personnel, and citizens with interest in a particular lake.

The VLMP relies on volunteers to gather a variety of information on their chosen lake. The primary measurement is Secchi disk transparency or Secchi depth. Analysis of the Secchi disk measurement provides an indication of the general water quality condition of the lake, as well as the amount of usable habitat available for fish and other aquatic life.

Microscopic plants and animals, water color, and suspended sediments are factors that interfere with light penetration through the water column and lessen the Secchi disk depth. As a rule, one to three times the Secchi depth is considered the lighted or euphotic zone of the lake. In this region of the lake there is enough light to allow plants to survive and produce oxygen. Water below the lighted zone can be expected to have little or no dissolved oxygen. Other observations such as water color, suspended algae and sediment, aquatic plants, and odor are also recorded. The sampling season is May through October with volunteer measurements taken twice a month. After volunteers have completed one year of the basic monitoring program, they are qualified to participate in the Expanded Monitoring Program. In the expanded program, selected volunteers are trained to collect water samples that are shipped to the Illinois EPA laboratory for analysis of total and volatile suspended solids, total phosphorus, nitratenitrite nitrogen and ammonia nitrogen. Other parameters that are part of the expanded program include dissolved oxygen, temperature, and zebra mussel monitoring. Additionally, chlorophyll a monitoring has been added to the regiment of selected lakes. These water quality parameters are routinely measured by lake scientists to help determine the general health of the lake ecosystem.

Currently the number of volunteers in the six county northeast Illinois region has reached its limit with regard to how many volunteers NIPC can handle. New lakes wishing to be part of the VLMP will be taken on and trained by the Lake County Health Department Lakes Management Unit (LMU). If you would like to be placed on this training list or would simply like more information, contact the Lakes Management Unit Local Coordinator:

LMU Local Coordinator: VLMP Regional Coordinator:

Mary Colwell Holly Hudson

Lake County Health Department Northeast Illinois Planning Commission

3010 Grand Ave. 222 S. Riverside Plaza, Suite 1800

Waukegan, IL 60085 Chicago, IL 60606 (847) 377-8009 (312) 454-0400

Objective III: Nuisance Algae Management Options

The growth of nuisance or excessive algae can cause a number of problems. Excessive algal growth can cause decreases in water clarity and light penetration. This can lead to several major problems such as loss of aquatic plants, decline in fishery health, and interference with recreational activities. Health hazards, such as swimmer's itch and other skin irritations have been linked to nuisance algae growth. Normally, excessive/nuisance algae growth is a sign of larger problems such excessive nutrients and/or lack of aquatic plants. Some treatment methods, such as copper sulfate, are only quick remedies to the problem. Solving the problem of nuisance algal growth involves treating the factors that cause the growth not the algae itself. Long-term solutions typically include an integrated approach such as alum treatments, revegetation with aquatic plants, and limiting external sources of nutrients. Interestingly enough, these long-term management strategies are seldom used, typically because of their high initial costs. Instead, the cheap, quick fix of using copper sulfate, though temporary, is much more widely used. However, the costs of continually applying copper sulfate over years, even decades, can eventually far exceed the costs of a slower acting, eventually more effective, integrated approach.

As with aquatic plant management techniques, algae management practices have both positive and negative characteristics. If used properly, they can be beneficial to a lake's well being. If misused or abused, they all share similar outcomes - negative impacts to the lake. Putting together a good management plan should not be rushed. Plans should consist of a realistic set of goals well thought out before implementation. The plan should be based on the management goals of the lake and involve usage issues (beaches, boat ramps, etc.), habitat maintenance/restoration issues, and nutrient levels. For an algal management plan to achieve long term success, follow up is critical. The management of the lake's algae problem does not end once the blooms and/or mats have been reduced/eliminated. It is critical to continually monitor problematic areas for regrowth and treat as necessary. An association or property owner should not always expect immediate results. A quick fix of the algal problem may not always be in the best interest of the lake. Sometimes the best solutions take several seasons to properly address the problem. The management options covered below are commonly used techniques and those that are coming into wider acceptance, and have been used in Lake County. There are other algae management options that are not covered below as they are not very effective, unproven, unfounded, or are too experimental to be widely used.

Option 1: No Action

With a no action management plan nothing would be done to control the nuisance algae regardless of type and extent. Nuisance algae, planktonic and/or filamentous, could continue to grow until epidemic proportions are reached. Growth limitations of the algae and the characteristics of the lake itself (light penetration, nutrient levels.) will dictate the extent of growth. Unlike aquatic plants, algae are not normally bound by physical factors such as substrate type. The areas in which filamentous and thick surface planktonic blooms (scum) occur can be affected by wind and wave action if strong enough. However, under normal conditions, with no action, both filamentous and planktonic algal

blooms can spread to cover 100% of the surface. This could cause major inhibition of the lakes recreational uses and impact fish and other aquatic organisms adversely.

Pros

There are positive aspects associated with the no action option for nuisance algae management. The first, and most obvious, is that there is no cost. However, if an active management plan for algae control were eventually needed, the cost would be substantially higher than if the no action plan had been followed in the first place. Another benefit of this option would be the lack of environmental manipulation. Under the no action option, chemicals or introduction of any organisms would not take place. Use of the lake would continue as normal unless blooms worsened. In this case, activities such as swimming might have to be suspended due to an increase in health risks. Other problems such as strong odors (blue-green algae) might also increase in frequency.

Cons

Under the no action option, if nuisance algae becomes wide spread and able to reach epidemic proportions, there will be many negative impacts on the lake. The fishery of the lake may become stunted due the to lack of quality forage fish habitat and reduced predation. This will cause an explosion in the small fish population and with food resources not increasing, growth of fish will be reduced. Fish kills can result from toxins released by some species such as some bluegreen algae. Blue-green algae can also produced toxins that are harmful to other algae. This allows blue-green algae to quickly dominate a body of water. Decreased dissolved oxygen levels, due to high biological oxygen demand from the excessive algae growth, will also have negative impacts on the aquatic life. Wildlife populations will also be negatively impacted by dense growths of algae. Birds and waterfowl will have difficulty finding quality plants for food or in locating prey within the turbid green waters. Additionally, some species, such as blue-green algae, are poor sources of food for zooplankton and fish.

Water quality could also be negatively impacted with the implementation of a no action option. Decomposition of organic matter and release of nutrients upon algal death is a probable outcome. Large nutrient release with algae die back could lead to lake-wide increases of internal nutrient load. This could in turn, could increase the frequency or severity of other blooms. In addition, decomposition of massive amounts of algae, filamentous and planktonic, will lead to a depletion of dissolved oxygen in the lake. This can cause fish stress, and eventually, if stress is frequent or severe enough, fish kills. All of the impacts above could in turn have negative impacts on numerous aspects of the lake's ecosystem.

In addition to ecological impacts, many physical lake uses will be negatively impacted. Boating could be nearly impossible without becoming entangled in thick mats of filamentous algae. Swimming could also become increasingly difficult and unsafe due to thick mats and reduction in visibility by planktonic

blooms. Fishing could become more and more exasperating due in part to the thick mats and stunted fish populations. In addition, the aesthetics of the lake will also decline due to large areas of the lake covered by large green mats and/or blooms of algae and the odors that may develop, such as with large blue-green blooms. The combination of above events could cause property values on the lake to suffer. Property values on lakes with algae problems have been shown to decrease by as much as 15-20%.

Costs

No cost will be incurred by implementing the no action management option.

Option 2: Algicides

Algicides are a quick and inexpensive way to temporarily treat nuisance algae. Copper sulfate (CuSO₄) and chelated copper products are the two main algicides in use. These two compounds are sold by a variety of brand names by a number of different companies. There is also a non-copper based algaecide on the market called GreenClean™ from BIOsafe Systems, which contains the active ingredient sodium carbonate peroxyhydrate. Regardless of active ingredient, they all work the same and act as contact killers. This means that the product has to come into contact with the algae to be affective. Algicides come in two forms, granular and liquid. Granular herbicides are spread by hand or machine over an effected area. They can also be placed in a porous bag (such as a burlap sack) and dragged though the water in order to dissolve and disperse the product. Granular algicides are mainly used on filamentous algae where they are spread over the mats. As the granules dissolve, they kill the algae. Liquid algicides, which are much more widely used, are mixed with a known amount of water to achieve a known concentration. The mixture is then sprayed onto/into the water. Liquid algicides are used on both filamentous and planktonic algae. Liquid algaecides are often mixed with herbicides and applied together to save on time and money. The effectiveness of some herbicides is enhanced when mixed with an algicide. When applying an algicide it is imperative that the label is completely read and followed. If too much of the lake is treated at any one time an oxygen crash may occur. This may cause fish kills due to decomposition of treated algae. Additionally, treatments should never be made when blooms/mats are at their fullest extent. It is best to divide the lake into at least two sections depending on the size of the lake. Larger lakes will need to be divided into more sections. Then treat the lake one section at a time allowing at least two weeks between treatments. Furthermore, application of algicides should never be done in extremely hot weather (>90°F) or when DO concentrations are low. This will help lessen the likelihood of an oxygen crash and resulting fish kills. When possible, treatments should be made as early in the season as possible when temperature and D.O. concentrations are adequate. It is best to treat in spring or when the blooms/mats starts to appear there by killing the algae before they become a problem.

Using algicides is part of the annual management of Seven Acre Lake. The current treatment program is working effectively. Care should be taken that treatments do not dramatically reduce the DO concentrations in the lake. Prior to any algicide treatments, DO concentrations should be tested.

Pros

When used properly, algicides can be a powerful tool in management of nuisance algae growth. A properly implemented plan can often provide season long control with minimal applications. Another benefit of using algicides is their low costs. The fisheries and waterfowl populations of the lake would greatly benefit due to a decrease in nuisance algal blooms. By reducing the algae, clarity would increase. This in turn would allow the native aquatic plants to return to the lake. Newly established stands of plants would improve spawning habitat and food source availability for fish. Waterfowl population would greatly benefit from increases in quality food sources, such as large-leaf pondweed (*Potamogeton amplifolius*) and sago pondweed (*Potamogeton pectinatus*). Additionally, copper products, at proper dosages, are selective in the sense that they do not affect aquatic vascular plants and wildlife.

By implementing a good management plan, usage opportunities for the lake would increase. Activities such as boating and swimming would improve due to the removal of thick blooms and/or mats of algae. Health risks associated with excessive algae growth (toxins, reduced visibility, etc.) The quality of fishing may recover due to improved habitat and feeding opportunities. In addition to increased usage opportunities, overall aesthetics of the lake would improve, potentially increasing property values.

Cons

The most obvious drawback of using algicides is the input of chemicals into the lake. Even though the United States Environmental Protection Agency (USEPA) approved these chemicals for use, human error and overuse can make them unsafe and bring about undesired outcomes. By continually killing particular algal species, lake managers may unknowingly be creating a larger problem. As the algae are continuously exposed to copper, some species are becoming more and more tolerant. This results in the use of higher concentrations in order to achieve adequate control, which can be unhealthy for the lake. In other instances, by eliminating one type of algae, lake managers are finding that other species that are even more problematic are filling the empty gap. These species that fill the gap can often be more difficult to control due to an inherent resistance to copper products. Additionally, excessive use of copper products can lead to a build up of copper in lake sediment. This can cause problems for activities such as dredging. Due to a large amount of copper in the sediment, special permits and disposal methods would have to be utilized.

Costs

To calculate total cost it will be necessary to calculate surface acreage (SA) or acre-feet (AF) of the area(s) to be treated according to each lake's aquatic plant management plan. The chelated copper products (Clearigate[®], Cutrine[®], Captain[®], K-Tea[®], Komeen[®]) cost \$35-45 per gallon and are generally applied at 0.5-2.5 gallons per acre-foot depending on the product.

Option 3: Alum Treatment

A possible remedy to excessive algal growth is to eliminate or greatly reduce the amount of phosphorus. This can be accomplished by using aluminum sulfate (alum). Alum does not directly kill algae as copper sulfate does. Instead, alum binds phosphorus making it unavailable, thus reducing algal growth. Alum binds water-borne phosphorus and forms a flocculent layer that settles on the bottom. This floc layer can then prevent sediment bound phosphorus from entering the water column. Phosphorus inactivation using alum has been in use for 25 years. However, cost and sometimes unreliable results deterred its wide spread use. Currently, alum is commonly being used in ponds and small lakes, and its use in larger lakes is increasing. Alum treatment typically lasts 1 to 20 years depending on various parameters. Lakes with low mean depth to surface area ratio benefit more quickly from alum applications, while lakes with high mean depth to surface area ration (thermally stratified lakes) will see more longevity from an alum application due to isolation of the flocculent layer. Lakes with small watersheds are also better candidates because external phosphorus sources can be limited. Alum treatments must be carefully planned and carried out by an experienced professional. If not properly done, there may be many detrimental side effects.

An alum treatment in Seven Acre Lake may be a viable option. Due to the relatively shallow nature of the lake, the costs of an alum treatment may outweigh the annual costs of algicide treatments. However, prior to assessing this option, a bathymetric map (with volume calculations) is needed.

Pros

Phosphorus inactivation is a possible long-term solution for controlling nuisance algae and increasing water clarity. Alum treatments can last as long as 20 years. This makes alum more cost effective in the long-term compared to continual treatment with algaecides. Studies have shown reductions in phosphorus concentrations by 66% in spring and 68% in summer. Chlorophyll *a*, a measure of algal biomass, was reduced by 61%. Reduction in algal biomass caused an increase in dissolved oxygen and a 79% increase in Secchi disk readings. Effects of alum treatments can be seen in as little as a few days. The increase in clarity can have many positive effects on the lake's ecosystem. With increased clarity, plant populations could expand or reestablish. This in turn would improve fish habitat and provide improved food/habitat sources for other organisms. Recreational activities such as swimming and fishing would be improved due to increased water clarity and healthy plant populations. Typically, there is a slight invertebrate decline immediately following treatment but populations recover fully by the following year.

Cons

There are several drawbacks to alum. External nutrient inputs must also be reduced or eliminated for alum to provide long-term effectiveness. With larger watersheds this could prove to be physically and financially impossible. Phosphorus inactivation may be shortened by excessive plant growth or motorboat traffic, which can disturb the flocculent layer and allow phosphorus to

be released. Also, lakes that are shallow, non-stratified, and wind blown typically do not achieve long term control due to disruption of the flocculent layer. If alum is not properly applied toxicity problems may occur. Typically aluminum toxicity occurs if pH is below 6 or above 9. Most of Lake County's lakes are in this safe range. However, at these pHs, special precautions must be taken when applying alum. By adding the incorrect amounts of alum, pH of the lake could drastically change. Due to these dangers, it is highly recommended that a lake management professional plans and administers the alum treatment.

Costs

Morphometric data is required to make proper calculations. No such data exists currently for Seven Acre Lake. A bathymetric map would need to be completed before an accurate calculation can be made. However, using the estimated volume of 38.7 acre-feet, an alum treatment in Seven Acre Lake may cost between \$1,570 and \$2,690.

Option 4: Revegetation With Native Aquatic Plants

A healthy native plant population can reduce algal growth. Many lakes with long-standing algal problems have a very sparse plant population or none at all. This is due to reduction in light penetration brought about by years of excessive algal blooms and/or mats. Revegetation should only be done when existing nuisance algal blooms are under control using one of the above management options. If the lake has poor clarity due to excessive algal growth or turbidity, these problems must be addressed before a revegetation plan is undertaken. Without adequate light penetration, revegetation will not work. At maximum, planting depth light levels must be greater than 1-5% of the surface light levels for plant growth and photosynthesis. If aquatic herbicides are being used to control what vegetation does exist there use should be scaled back or abandoned all together. This will allow the vegetation to grow back, which will help in controlling the algae in addition to other positive impacts associated with a healthy plant population.

There are two methods by which reestablishment can be accomplished. The first is use of existing plant populations to revegetate other areas within the lake. Plants from one part of the lake are allowed to naturally expand into adjacent areas thereby filling the niche left by the nuisance algae. Another technique utilizing existing plants is to transplant vegetation from one area to another. The second method of reestablishment is to import native plants from an outside source. A variety of plants can be ordered from nurseries that specialize in native aquatic plants. These plants are available in several forms such as seeds, roots, and small plants. These two methods can be used in conjunction with one another in order to increase both quantity and biodiversity of plant populations. Additionally, plantings must be protected from herbivory by waterfowl and other wildlife. Simple cages made out of wooden or metal stakes and chicken wire are erected around planted areas for at least one season. The cages are removed once the plants are established and less vulnerable. If large-scale revegetation is needed it would be best to use a consultant to plan and conduct the restoration. Table 6 lists common, native plants that should be considered when developing a revegetation plan. Included in this list are emergent shoreline vegetation (rushes, cattails, etc) and submersed aquatic plants

(pondweeds, *Vallisneria*, etc). Prices, planting depths, and planting densities are included and vary depending on plant species.

Pros

By revegetating newly opened areas that were once infested with nuisance species, the lake will benefit in several ways. Once established, expanded native plant populations will help to control growth of nuisance algae by shading and competition for resources. This provides a more natural approach as compared to other management options. In addition, using established native plants to control excessive invasive plant growth is less expensive than other options. Expanded native plant populations will also help with sediment stabilization. This in turn will have a positive effect on water clarity by reducing suspended solids and nutrients that decrease clarity and cause excessive algal growth. Properly revegetating shallow water areas with plants such as cattails, bulrushes, and water lilies can help reduce wave action that can lead to shoreline erosion. Increases in desirable vegetation will increase the plant biodiversity and also provide better quality habitat and food sources for fish and other wildlife. Recreational uses of the lake such as fishing and boating will also improve due to the improvement in water quality and the suppression of weedy species.

Cons

There are few negative impacts to revegetating a lake. One possible drawback is the possibility of new vegetation expanding to nuisance levels and needing control. However, this is an unlikely outcome. Another drawback could be high costs if extensive revegetation is needed using imported plants. If a consultant were used costs would be substantially higher. Additional costs could be associated with constructing proper herbivory protection measures.

Costs

See Table 6 for plant pricing. Costs will be higher if a consultant/nursery is contracted for design and labor. Additional costs will include herbivory protection materials such as metal posts and protective wire mesh (chicken wire).

Objective IV: Aquatic Plant Management Options

All aquatic plant management techniques have both positive and negative characteristics. If used properly, they can all be beneficial to a lake's well being. If misused or abused, they all share similar outcomes - negative impacts to the lake. Putting together a good aquatic plant management plan should not be rushed. Plans should consist of a realistic set of goals well thought out before implementation. The plan should be based on the management goals of the lake and involve usage issues, habitat maintenance/restoration, and limitations of the lake. For an aquatic plant management plan to achieve long term success, follow up is critical. A good aquatic plant management plan considers both the short and long-term needs of the lake. The management of the lake's vegetation does not end once the nuisance vegetation has been reduced/eliminated. It is critical to continually monitor problematic areas for regrowth and remove as necessary. An association or property owner should not always expect immediate results. A quick fix of the vegetation problems may not always be in the best interest of the lake. Sometimes the best solutions take several seasons to properly solve the problem. The management options covered below are commonly used techniques that are coming into wider acceptance and have been used in Lake County. There are other plant management options that are not covered below as they are not very effective, unreliable, or are too experimental to be widely used.

Option 1: No Action

If the lake is dominated by *native*, *non-invasive* species, the no action option could be ideal. Under these circumstances native plant populations could flourish and keep nuisance plants from becoming problematic. However, if a no action aquatic plant management plan in a lake with non-native, invasive species, nothing would be done to control the aquatic plant population of the lake regardless of the type and extent of the vegetation. Nuisance vegetation could continue to grow until epidemic proportions are reached. Growth limitations of the plant and the characteristics of the lake itself (light penetration, lake morphology, substrate type, etc.) will dictate the extent of infestation. Rooted plants, such as curly leaf pondweed (*Potamogeton crispus*) and elodea (*Elodea canadensis*), will be bound by physical factors such as substrate type and light availability. Plants such as Eurasian water milfoil and coontail, which can grow unrooted at the surface regardless of water depth, could grow to cover 100% of the water's surface. This could cause major inhibition of the lakes recreational uses and impact fish and other aquatic organisms adversely.

Pros

There are positive aspects associated with the no action option for plant management. The first, and most obvious, is that there is no cost. However, if an active management plan for vegetation control were eventually needed, the cost would be substantially higher than if the no action plan had not been followed in the first place. Another benefit of this option would be the lack of environmental manipulation. Under the no action option, no chemicals, mechanical alteration, or introduction of any organisms would take place. This is important since studies have shown that nuisance plants are more likely to invade disrupted areas. If the

lake contains native, non-invasive plant species, expansion of the native plant population would increase the overall biodiversity and health of the lake. Habitat, breeding areas, and food source availability would greatly improve. Use of the lake would continue as normal and in some cases might improve (fishing) if native plants keep "weedy" plants under control.

An additional benefit of the no action option is the possible improvement in water quality. Turbidity could decrease and clarity should increase due to sediment stabilization by the plant's roots. Algal blooms could be reduced due to decreased resource availability and sediment stabilization. However, the occurrence of filamentous algae may increase/remain stable due to their surface growth habitat. The lake's fishery could improve due to habitat availability, which in turn would have numerous positive effects on the rest of the lake's ecosystem.

Cons

Under the no action option, if nuisance vegetation is dominant in the lake and were uninhibited and able to reach epidemic proportions, there will be many negative impacts on the lake. By their weedy nature, the nuisance plants would out-compete the more desirable native plants. This could eventually, drastically reduce or even eliminate the native plant population of the lake and reduce the lake's biodiversity. The fishery of the lake may become stunted due the to lack of quality forage fish habitat and reduced predation. Predation will decrease due to the difficulty of finding prey in the dense stands of vegetation. This will cause an explosion in the small fish population and with food resources not increasing, growth of fish will be reduced. Decreased dissolved oxygen levels, due to high biological oxygen demand from the excessive vegetation, will also have negative impacts on the aquatic life. Wildlife populations will also be negatively impacted by these dense stands of vegetation. Birds and waterfowl will have difficulty finding quality plants for food or in locating prey within the dense plant stands.

Water quality could also be negatively impacted with the implementation of the no action option. Deposition of large amounts of organic matter and release of nutrients upon the death of the massive stands of vegetation is a probable outcome of the no action option. These dead plants will contribute to the sediment load of the lake and could accelerate its filling in. The large nutrient release when the plants die back in the fall could lead to lake-wide algae blooms and an overall increase of the internal nutrient load. In addition, the decomposition of the massive amounts of vegetation will lead to a depletion of the lakes dissolved oxygen. This can cause fish stress, and eventually, if the stress is frequent or severe enough, fish kills. All of the impacts above could in turn have negative impacts on numerous aspects of the lake's ecosystem.

In addition to the ecological impacts, many physical uses of the lake will be negatively impacted. Boating could be nearly impossible without becoming entangled in thick stands of plants. Swimming could also become increasingly difficult due to thick vegetation that would develop at beaches. Fishing could

become more and more exasperating due in part to the thick vegetation and also because of the stunted fish population. In addition, the aesthetics of the lake will also decline due to large areas of the lake covered by tangled mats of vegetation and the odors that will develop when they decay. The combination of the above events could cause property values on the lake to suffer. Property values on lakes with weedy plant/algae problems have been shown to decrease by as much as 15-20%.

Costs

No cost will be incurred by implementing the no action management option. However, if in the future a management plan was initiated, costs might be significantly higher since a no action plan was originally followed.

Option 2: Aquatic Herbicides

Aquatic herbicides are the most common method to control nuisance vegetation/algae. When used properly, they can provide selective and reliable control. Products can not be licensed for use in aquatic situations unless there is less than a 1 in 1,000,000 chance of any negative effects on human health, wildlife, and the environment. Aquatic herbicides are not allowed to be environmentally persistent, bioaccumulate, or have any bioavailability. Prior to herbicide application, licensed applicators should evaluate the lake's vegetation and, along with the lake's management plan, choose the appropriate herbicide and treatment areas, and apply the herbicides during appropriate conditions (i.e., low wind speed, D.O. concentration, temperature).

There are two groups of herbicides: contact and systemic. Contact herbicides, like their name indicates, kill on contact. These herbicides affect only the above ground portion of the plant that they come into contact with and therefore do not kill the root system. An example of a contact herbicide is diquat. Systemic herbicides are taken up by the plant and disrupt cellular processes, which in turn cause plant death. These herbicides kill both the above ground portions of the plant as well as the root system. An example of a systemic herbicide is fluridone. Both types of herbicides are available in liquid or granular forms. Liquid forms are concentrated and need to be mixed into water to obtain the desired concentration. The solution is then sprayed on the water's surface or injected into the water in the treatment areas. Granular herbicides are broadcast in a known rate over the treatment area where they sink to the bottom. Some granular products slowly release the herbicide, which is then taken up by the plant. These are referred to as SRP formulations (Slow Release Pellet). Other granular herbicides come in crystal form and dissolve as they come in contact with water. This is typical of herbicides such as copper sulfate. Many herbicides come in both liquid and granular forms to fit the management needs of the lake. Herbicide applications can either be done as whole lake treatments or as more selective spot treatments. Multiple herbicides are often mixed and applied together. This is called a tank mix. This is done to save time, energy, and cost.

Aquatic herbicides are best used on actively growing plants to ensure optimal herbicide uptake. For this reason, herbicides are normally applied mid to late spring when water temperatures are above 60°F. This is the time of year when the plants are most actively

growing and before seed/vegetative propagule formation. Follow up applications should be done as needed. When choosing an aquatic herbicide it is important to know what plants are present, which ones are problematic, which plants are beneficial, and how a particular herbicide will act upon these plants. The herbicide label is very important and should always be read before use. There may be more than one herbicide for a given plant. As with other management options, proper usage is the key to their effectiveness, benefits, and disadvantages.

Aquatic herbicides are part of the annual maintenance plan of Seven Acre Lake. Currently, treatments are targeting all of the plants in the lake, which when completed, leaves minimal habitat for fish and wildlife as well as allows for nutrients like phosphorus to be utilized by algae instead of aquatic plants. The numerous algae blooms in July, August, and September are the result of these plant treatments. In addition, removing large amounts of aquatic plants requires the use of more algicides. It is recommended that an aquatic plant management plan for Seven Acre Lake be developed that will balance the desires of the homeowners (aesthetics) and the lake's overall ecological health. If herbicides are used, it is recommended that spot treatments be done on target plants that are becoming invasive (i.e., coontail and curlyleaf pondweed), while allowing beneficial native plants (i.e., various-leaved milfoil and sago pondweed), to grow in certain areas of the lake. The plant populations will provide habitat for fish and wildlife as well as compete with algae for nutrients and help stabilize lake bottom sediment. Water clarity should improve with the increase in plants and decrease in algae.

Pros

When used properly, aquatic herbicides can be a powerful tool in management of excessive vegetation. Often, aquatic herbicide treatments can be more cost effective in the long run compared to other management techniques. A properly implemented plan can often provide season long control with minimal applications. Ecologically, herbicides can be a better management option than using mechanical harvesting or grass carp. When properly applied, aquatic herbicides may be selective for nuisance plants such as Eurasian water milfoil but allow desirable plants such as American pondweed (*Potamogeton nodosus*) to remain. This removes the problematic vegetation and allows native and more desirable plants to remain and flourish with minimal manipulation.

The fisheries and waterfowl populations of the lake would benefit greatly due to an increase in quality habitat and food supply. Dense stands of plants would be thinned out and improve spawning habitat and food source availability for fish. Waterfowl population would greatly benefit from increases in quality food sources, such as large-leaf pondweed (*Potamogeton amplifolius*). Another environmental benefit of using aquatic herbicides over other management options is that they are organism specific. The metabolic pathways by which herbicides kill plants are plant specific which humans and other organisms do not carry out. Organisms such as fish, birds, mussels, and zooplankton are generally unaffected.

By implementing a good management plan with aquatic herbicides, usage opportunities of the lake would increase. Activities such as boating and swimming would improve due to the removal of dense stands of vegetation. The quality of fishing may improve because of improved habitat. In addition to increased usage opportunities, the overall aesthetics of the lake would improve, potentially increasing property values on the lake.

Cons

The most obvious drawback of using aquatic herbicides is the input of chemicals into the lake. Even though the United States Environmental Protection Agency (USEPA) approved these chemicals for use, human error can make them unsafe and bring about undesired outcomes. If not properly used, aquatic herbicides can remove too much vegetation from the lake. This could drastically alter biodiversity and ecological. Total or over-removal of plants can cause a variety of problems lake-wide. The fishery of the lake may decline and/or become stunted due to predation issues related to decreased water clarity. Other wildlife, such as waterfowl, which commonly forage on aquatic plants, would also be negatively impacted by the decrease in food supply.

Another problem associated with removing too much vegetation is the loss of sediment stabilization by plants, which can lead to increased turbidity and resuspension of nutrients. The increase in turbidity can cause a decrease in light penetration, which can further aggravate the aquatic plant community. The resuspension of nutrients will contribute to the overall nutrient load of the lake, which can lead to an increased frequency of noxious algal blooms. Furthermore, the removal of aquatic vegetation, which competes with algae for resources, can directly contribute to an increase in blooms.

After the initial removal, there is a possibility for regrowth of vegetation. Upon regrowth, weedy plants such as Eurasian water milfoil and coontail quickly reestablish, form dense stands, and prevent the growth of desirable species. This causes a decrease in plant biodiversity. Additionally, these dense stands of nuisance vegetation can lead to an overpopulation of stunted fish due to a decrease in predation of forage species by predatory fish. This disruption in the fisheries can have negative impacts throughout the ecosystem from zooplankton to higher organisms such as waterfowl and other wildlife. Additionally, some herbicides have use restrictions regarding their use in relation to fish, swimming, irrigation, etc.

Over-removal, and possible regrowth of nuisance vegetation that may follow will drastically impair recreational use of the lake. Swimming could be adversely affected due to the likelihood of increased algal blooms. Swimmers may become entangled in large mats of filamentous algae. Blooms of planktonic species, such as blue-green algae, can produce harmful toxins as well produce noxious odors. If regrowth of nuisance vegetation were to occur, motors could become entangled making boating difficult. Fishing would also be negatively impacted due to the

decreased health of the lake's fishery. The overall appearance of the lake would also suffer due to an increase in unsightly algal blooms and massive stands of vegetation. This in turn could have an unwanted effect on property values. Studies have shown that problematic algal blooms can decrease property values by 15-20%.

Costs

To calculate total cost it will be necessary to calculate surface acreage (SA) or acre-feet (AF) of the area(s) to be treated according to each lake's aquatic plant management plan. Diquat (Reward[®]) costs approximately \$425/SA. The 2,4-D products (Aquacide[®], Aqua-Kleen[®], Navigate[®], Weedar 64[®]) cost approximately \$350-425/SA.

Option 3: Hand Removal

Hand removal of excessive aquatic vegetation is a commonly used management technique. Hand removal is normally used in small ponds/lakes and limited areas for selective vegetation removal. Areas surrounding piers and beaches are commonly targeted areas. Typically tools such as rakes and cutting bars are used to remove vegetation. These are easily obtainable through many outdoor supply catalogs or over the internet. Some rakes are equipped with tines as well as cutting edges. Tools can also be hand made by drilling a hole in the handle of a heavy-duty garden rake and tying it to a length of rope. Weights may be needed in order to provide forceful contact with the plants. In many instances, homeowners on lakes with near shore vegetation problems simply cut swaths through the weeds to create pathways to open water. Due to the limited amount of biomass removed, harvested plant material is often used as fertilizer and compost in gardens.

This option may work well in near-shore areas around Seven Acre Lake where aquatic plant and algae growth is usually the densest.

Pros

Hand removal is a quick, inexpensive, and selective way to remove nuisance vegetation. Hand removal is an activity in which all lake residents could participate. The work involved in removing plants can provide a rewarding sense of accomplishment. By removing excess vegetation, use of beaches and piers would be improved. Many of the improved water quality benefits of a well-executed herbicide program or harvesting program are also shared by hand removal. Wildlife habitat, such as fish spawning beds, could be greatly improved. This in turn would benefit other portions of the lake's ecosystem.

Cons

There are few negative attributes to hand removal. One negative implication is labor. Depending on the extent of infestation, removal of large amount, of vegetation can be quite tiresome. Another drawback can be disposal. Finding a site for numerous residents to dispose of large quantities of harvested vegetation can sometimes be problematic. However, individual homeowners would be

removing limited quantities of plant material so there would not be much to dispose of. Another drawback is possible nonselective removal by hand harvesting. By throwing a rake blindly into the depths, it is impossible to determine what plants are removed and which ones are not until the rake is pulled up. Even in shallow depths, untrained persons might mistakenly remove desirable vegetation and/or disrupt valuable habitat (fish spawning beds). Over removal could also be a problem but is not normally a concern with hand removal.

Costs

Plant removal rakes can range in price from \$50-150 and cutting tools commonly range in price from \$50-200. Both are available from numerous catalogs and from the Internet. A homemade rake (heavy duty garden rake, rope, and weight) would cost about \$20-40.

Option 4: Reestablishing Native Aquatic Vegetation

This option is identical to Option 4 in **Objective III:** Nuisance Algae Management **Options**.

Objective V: Shoreline Erosion Control

Erosion is a potentially serious problem to lake shorelines and occurs as a result of wind, wave, or ice action or from overland rainwater runoff. While some erosion to shorelines is natural, human alteration of the environment can accelerate and exacerbate the problem. Erosion not only results in loss of shoreline, but negatively influences the lake's overall water quality by contributing nutrients, sediment, and pollutants into the water. This effect is felt throughout the food chain since poor water quality negatively affects everything from microbial life to sight feeding fish and birds to people who want to use the lake for recreational purposes. The resulting increased amount of sediment will over time begin to fill in the lake, decreasing overall lake depth and volume and potentially impairing various recreational uses.

Option 1: No Action

Pros

There are no short-term costs to this option. However, extended periods of erosion may result in substantially higher costs to repair the shoreline in the future.

Eroding banks on steep slopes can provide habitat for wildlife, particularly bird species (e.g., kingfishers and bank swallows) that need to burrow into exposed banks to nest. In addition, certain minerals and salts in the soils are exposed during the erosion process, which are utilized by various wildlife species.

Cons

Taking no action will most likely cause erosion to continue and subsequently may cause poor water quality due to high levels of sediment or nutrients entering a lake. This in turn may retard plant growth and provide additional nutrients for algal growth. A continual loss of shoreline is both aesthetically unpleasing and may potentially reduce property values. Since a shoreline is easier to protect than it is to rehabilitate, it is in the interest of the property owner to address the erosion issue immediately.

Costs

In the short-term, cost of this option is zero. However, long-term implications can be severe since prolonged erosion problems may be more costly to repair than if the problems were addressed earlier. As mentioned previously, long-term erosion may cause serious damage to shoreline property and in some cases lower property values.

Option 2: Install a Seawall

Seawalls are designed to prevent shoreline erosion on lakes in a similar manner they are used along coastlines to prevent beach erosion or harbor siltation. Today, seawalls are generally constructed of steel, although in the past seawalls were made of concrete or wood (frequently old railroad ties). Concrete seawalls cracked or were undercut by wave

action requiring routine maintenance. Wooden seawalls made of old railroad ties are not used anymore since the chemicals that made the ties rot-resistant could be harmful to aquatic organisms. A new type of construction material being used is vinyl or PVC. Vinyl seawalls are constructed of a lighter, more flexible material as compared to steel. Also, vinyl seawalls will not rust over time as steel will.

Pros

If installed properly and in the appropriate areas (i.e., shorelines with severe erosion) seawalls provide effective erosion control. Seawalls are made to last numerous years and have relatively low maintenance.

Cons

Seawalls are disadvantageous for several reasons. One of the main disadvantages is that they are expensive, since a professional contractor and heavy equipment are needed for installation. Any repair costs tend to be expensive as well. If any fill material is placed in the floodplain along the shoreline, compensatory storage may also be needed. Compensatory storage is the process of excavating in a portion of a property or floodplain to compensate for the filling in of another portion of the floodplain. Permits and surveys are needed whether replacing and old seawall or installing a new one (see costs below).

Wave deflection is another disadvantage to seawalls. Wave energy not absorbed by the shoreline is deflected back into the lake, potentially causing sediment disturbance and resuspension, which in turn may cause poor water clarity and problems with nuisance algae, which use the resuspended nutrients for growth. If seawalls are installed in areas near channels, velocity of run-off water or channel flow may be accelerated. This may lead to flooding during times of high rainfall and run-off, shoreline erosion in other areas of the lake, or a resuspension of sediment due to the agitation of the increased wave action or channel flow, all of which may contribute to poor water quality conditions throughout the lake. Plant growth may be limited due to poor water clarity, since the photosynthetic zone where light can penetrate, and thus utilized by plants, is reduced. Healthy plants are important to the lake's overall water clarity since they can help filter some of the incoming sediment, prevent resuspension of bottom sediment, and compete with algae for nutrients. However, excessive sediment in the water and high turbidity may overwhelm these benefits.

Finally, seawalls provide no habitat for fish or wildlife. Because there is no structure for fish, wildlife, or their prey, few animals use shorelines with seawalls. In addition, poor water clarity that may be caused by resuspension of sediment from deflected wave action contributes to poor fish and wildlife habitat, since sight feeding fish and birds (i.e., bass, herons, and kingfishers) are less successful at catching prey. This may contribute to a lake's poor fishery (i.e., stunted fish populations).

Costs

Depending on factors such as slope and shoreline access, cost of seawall installation ranges from \$85-100 per linear foot for steel and \$95-110 per linear foot for vinyl. A licensed contractor installs both types of seawall. Additional costs may occur if the shoreline needs to be graded and backfilled, has a steep slope, or poor accessibility. Price does not include the necessary permits required. Additional costs will be incurred if compensatory storage is needed. Prior to the initiation of work, permits and/or surveys from the appropriate government agencies need to be obtained. For seawalls, a site development permit and a building permit are needed. Costs for permits and surveys can be \$1,500-2,000 for installation of a seawall. Contact the Army Corps of Engineers, local municipality, or the Lake County Planning and Development Department.

Around Seven Acre Lake, the costs to install a seawall along the moderately eroded shoreline (268 feet) would cost approximately \$22,780 - 26,800 for steel and \$25,460 - 29,480 for vinyl.

Option 3: Install Rock Rip-Rap or Gabions

Rip-rap is the term for using rocks to stabilize shorelines. Size of the rock depends on the severity of the erosion, distance to rock source, and aesthetic preferences. Generally, four to eight inch diameter rocks are used. Gabions are wire cages or baskets filled with rock. They provide similar protection as rip-rap, but are less prone to displacement. They can be stacked, like blocks, to provide erosion control for extremely steep slopes. Both rip-rap and gabions can be incorporated with other erosion control techniques such as plant buffer strips. If any plants will be growing on top of the rip-rap or gabions, fill will probably be needed to cover the rocks and provide an acceptable medium for plants to grow on. Prior to the initiation of work, permits and/or surveys from the appropriate government agencies need to be obtained (see costs below).

Pros

Rip-rap and gabions can provide good shoreline erosion control. Rocks can absorb some of the wave energy while providing a more aesthetically pleasing appearance than seawalls. If installed properly, rip-rap and gabions will last for many years. Maintenance is relatively low, however, undercutting of the bank can cause sloughing of the rip-rap and subsequent shoreline. Areas with severe erosion problems may benefit from using rip-rap or gabions. In all cases, a filter fabric should be installed under the rocks to maximize its effectiveness.

Fish and wildlife habitat can be provided if large boulders are used. Crevices and spaces between the rocks can be used by a variety of animals and their prey. Small mammals, like shrews can inhabit these spaces in the rock above water and prey upon many invertebrate species, including many harmful garden and lawn pests. Also, small fish may utilize the structure underwater created by large boulders for foraging and hiding from predators.

Cons

A major disadvantage of rip-rap is the initial expense of installation and associated permits. Installation is expensive since a licensed contractor and heavy equipment are generally needed to conduct the work. Permits are required if replacing existing or installing new rip-rap or gabions and must be acquired prior to work beginning. If any fill material is placed in the floodplain along the shoreline, compensatory storage may also be needed. Compensatory storage is the process of excavating in a portion of a property or floodplain to compensate for the filling in of another portion of the floodplain.

While rip-rap and gabions absorb wave energy more effectively than seawalls, there is still some wave deflection that may cause resuspension of sediment and nutrients into the water column.

Small rock rip-rap is poor habitat for many fish and wildlife species, since it provides limited structure for fish and cover for wildlife. As noted earlier, some small fish and other animals will inhabit the rocks if boulders are used. Smaller rip-rap is more likely to wash away due to rising water levels or wave action. On the other hand, larger boulders are more expensive to haul in and install.

Rip-rap may be a concern in areas of high public usage since it is difficult and possibly dangerous to walk on due to the jagged and uneven rock edges. This may be a liability concern to property owners.

Costs

Cost and type of rip-rap used depend on several factors, but average cost for installation (rocks and filter fabric) is approximately \$35-50 per linear foot. Costs for gabions are approximately \$70-100 per linear foot when filled with rocks. The steeper the slope and severity of erosion, the larger the boulders that will need to be used and thus, higher installation costs. In addition, costs will increase with poor shoreline accessibility and increased distance to rock source. Costs for permits and surveys can be \$1,500-2,000 for installation of rip-rap or gabions, depending on the circumstances. Additional costs will be incurred if compensatory storage is needed. Contact the Army Corps of Engineers, local municipalities, and the Lake County Planning and Development Department.

Around Seven Acre Lake, the costs to install riprap along the moderately eroded shoreline (268 feet) would cost approximately \$9,380 – 13,400.

Option 4: Create a Buffer Strip

Another effective method of controlling shoreline erosion is to create a buffer strip with existing or native vegetation. Native plants have deeper root systems than turfgrass and thus hold soil more effectively. Native plants also provide positive aesthetics and good wildlife habitat. Cost of creating a buffer strip is quite variable, depending on the current state of the vegetation and shoreline and whether vegetation is allowed to become established naturally or if the area needs to be graded and replanted. Allowing vegetation

to naturally propagate the shoreline would be the most cost effective, depending on the severity of erosion and the composition of the current vegetation. Non-native plants or noxious weedy species may be present and should be controlled or eliminated.

Stabilizing the shoreline with vegetation is most effective on slopes no less than 2:1 to 3:1, horizontal to vertical, or flatter. Usually a buffer strip of at least 25 feet is recommended, however, wider strips (50 or even 100 feet) are recommended on steeper slopes or areas with severe erosion problems. Areas where erosion is severe or where slopes are greater than 3:1, additional erosion control techniques may have to be incorporated such as biologs, A-Jacks®, or rip-rap.

Buffer strips can be constructed in a variety of ways with various plant species. Generally, buffer strip vegetation consists of native terrestrial (land) species and emergent (at the land and water interface) species. Terrestrial vegetation such as native grasses and wildflowers can be used to create a buffer strip along lake shorelines. A table in Appendix A gives some examples, seeding rates and costs of grasses and seed mixes that can be used to create buffer strips. Native plants and seeds can be purchased at regional nurseries or from catalogs. When purchasing seed mixes, care should be taken that native plant seeds are used. Some commercial seed mixes contain non-native or weedy species or may contain annual wildflowers that will have to be reseeded every year. If purchasing plants from a nursery or if a licensed contractor is installing plants, inquire about any guarantees they may have on plant survival. Finally, new plants should be protected from herbivory (e.g., geese and muskrats) by placing a wire cage over the plants for at least one year.

A technique that is sometimes implemented along shorelines is the use of willow posts, or live stakes, which are harvested cuttings from live willows (*Salix* spp.). They can be planted along the shoreline along with a cover crop or native seed mix. The willows will resprout and begin establishing a deep root structure that secures the soil. If the shoreline is highly erodible, willow posts may have to be used in conjunction with another erosion control technique such as biologs, A-Jacks ®, or rip-rap.

Emergent vegetation, or those plants that grow in shallow water and wet areas, can be used to control erosion more naturally than seawalls or rip-rap. Native emergent vegetation can be either hand planted or allowed to become established on its own over time. Some plants, such as native cattails (*Typha* sp.), quickly spread and help stabilize shorelines, however they can be aggressive and may pose a problem later. Other species, such as those listed in a table in Appendix A should be considered for native plantings.

Pros

Buffer strips can be one of the least expensive means to stabilize shorelines. If no permits or heavy equipment are needed (i.e., no significant earthmoving or filling is planned), the property owner can complete the work without the need of professional contractors. Once established (typically within 3 years), a buffer strip of native vegetation will require little maintenance and may actually reduce the overall maintenance of the property, since the buffer strip will not have to be

continuously mowed, watered, or fertilized. Occasional high mowing (1-2 times per year) for specific plants or physically removing other weedy species may be needed.

The buffer strip will stabilize the soil with its deep root structure and help filter run-off from lawns and agricultural fields by trapping nutrients, pollutants, and sediment that would otherwise drain into the lake. This may have a positive impact on the lake's water quality since there will be less "food" for nuisance algae. Buffer strips can filter as much as 70-95% of sediment and 25-60% of nutrients and other pollutants from runoff.

Another benefit of a buffer strip is potential flood control protection. Buffer strips may slow the velocity of flood waters, thus preventing shoreline erosion. Native plants also can withstand fluctuating water levels more effectively than commercial turfgrass. Many plants can survive after being under water for several days, even weeks, while turfgrass is intolerant of wet conditions and usually dies after several days under water. This contributes to increased maintenance costs, since the turfgrass has to be either replanted or replaced with sod. Emergent vegetation can provide additional help in preserving shorelines and improving water quality by absorbing wave energy that might otherwise batter the shoreline. Calmer wave action will result in less shoreline erosion and resuspension of bottom sediment, which may result in potential improvements in water quality.

Many fish and wildlife species prefer the native shoreline vegetation habitat. This habitat is an asset to the lake's fishery since the emergent vegetation cover may be used for spawning, foraging, and hiding. Various wildlife species are even dependent upon shoreline vegetation for their existence. Certain birds, such as marsh wrens (Cistothorus palustris) and endangered vellow-headed blackbirds (Xanthocephalus xanthocephalus) nest exclusively in emergent vegetation like cattails and bulrushes. Hosts of other wildlife like waterfowl, rails, herons, mink, and frogs to mention just a few, benefit from healthy stands of shoreline vegetation. Dragonflies, damselflies, and other beneficial invertebrates can be found thriving in vegetation along the shoreline as well. Two invertebrates of particular importance for lake management, the water-milfoil weevils (Euhrychiopsis lecontei and Phytobius leucogaster), which have been shown to naturally reduce stands of exotic Eurasian water-milfoil (*Myriophyllum spicatum*). Weevils need proper over wintering habitat such as leaf litter and mud which are typically found on naturalized shorelines or shores with good buffer strips. Many species of amphibians, birds, fish, mammals, reptiles, and invertebrates have suffered precipitous declines in recent years primarily due to habitat loss. Buffer strips may help many of these species and preserve the important diversity of life in and around lakes.

In addition to the benefits of increased fish and wildlife use, a buffer strip planted with a variety of native plants may provide a season long show of various colors

from flowers, leaves, seeds, and stems. This is not only aesthetically pleasing to people, but also benefits wildlife and the overall health of the lake's ecosystem.

Cons

There are few disadvantages to native shoreline vegetation. Certain species (i.e., cattails) can be aggressive and may need to be controlled occasionally. If stands of shoreline vegetation become dense enough, access and visibility to the lake may be compromised to some degree. However, small paths could be cleared to provide lake access or smaller plants could be planted in these areas.

Costs

If minimal amount of site preparation is needed, costs can be approximately \$15 per linear foot, plus labor. Cost of installing willow posts is approximately \$20-25 per linear foot. The labor that is needed can be completed by the property owner in most cases, although consultants can be used to provide technical advice where needed. This cost will be higher if the area needs to be graded. If grading is necessary, appropriate permits and surveys are needed. If filling is required, additional costs will be incurred if compensatory storage is needed. The permitting process is costly, running as high as \$1,500-2,000 depending on the types of permits needed.

Option 5: Install A-Jacks®

A-Jacks® are made of two pieces of pre-cast concrete when fitted together resemble a child's playing jacks. These structures are installed along the shoreline and covered with soil and/or an erosion control product. Native vegetation is then planted on the backfilled area. They can be used in areas where severe erosion does not justify a buffer strip alone.

Pros

The advantage to A-Jacks® is that they are quite strong and require low maintenance once installed. In addition, once native vegetation becomes established the A-Jacks® can not be seen. They provide many of the advantages that both rip-rap and buffer strips have. Specifically, they absorb some of the wave energy and protect the existing shoreline from additional erosion. The added benefit of a buffer strip gives the A-Jacks® a more natural appearance, which may provide wildlife habitat and help filter run-off nutrients, sediment, and pollutants. Less run-off entering a lake may have a positive effect on water quality.

Cons

The disadvantage is that installation cost can be high since labor is intensive and requires some heavy equipment. A-Jacks® need to be pre-made and hauled in from the manufacturing site. These assemblies are not as common as rip-rap, thus only a limited number of contractors may be willing to do the installation.

Costs

The cost of installation is approximately \$50-75 per linear foot, but does not include permits and surveys, which can cost \$1,500-2,000 and must be obtained prior to any work implementation. Additional costs will be incurred if compensatory storage is needed.

To repair the moderately eroding areas (268 feet) on Seven Acre Lake with A-Jacks® would cost approximately \$13,400 – 20,100.

Option 6: Install Biolog, Fiber Roll, or Straw Blanket with Plantings

These products are long cylinders of compacted synthetic or natural fibers wrapped in mesh. The rolls are staked into shallow water. Once established, a buffer strip of native plants can be planted along side or on top of the roll (depending if rolls are made of synthetic or natural fibers). They are most effective in areas where plantings alone are not effective due to already severe erosion. In areas of severe erosion, other techniques may need to be employed or incorporated with these products.

Pros

Biologs, fiber rolls, and straw blankets provide erosion control that secure the shoreline in the short-term and allow native plants to establish which will eventually provide long-term shoreline stabilization. They are most often made of bio-degradable materials, which break down by the time the natural vegetation becomes established (generally within 3 years). They provide additional strength to the shoreline, absorb wave energy, and effectively filter run-off from terrestrial sources. These factors help improve water quality in the lake by reducing the amount of nutrients available for algae growth and by reducing the sediment that flows into a lake.

Cons

These products may not be as effective on highly erodible shorelines or in areas with steep slopes, as wave action may be severe enough to displace or undercut these products. On steep shorelines grading may be necessary to obtain a 2:1 or 3:1 slope or additional erosion control products may be needed. If grading or filling is needed, the appropriate permits and surveys will have to be obtained.

Costs

Costs range from \$40 to \$45 per linear foot of shoreline, including plantings. This does not include the necessary permits and surveys, which may cost \$1,500 – 2,000 depending on the type of earthmoving that is being done. Additional costs may be incurred if compensatory storage is needed.

Option 7: Establish a "No Wake" Zone or No Motor Area

Establishing a "no wake" zone or no motor area will not solve erosion problems by itself. However, since shoreline erosion is generally not caused by one specific factor, these techniques can be effective if used in combination with one or more of the techniques described above.

A "no wake" zone is generally established in a defined area from the shoreline out to a certain point in a lake and is usually marked by buoys. This area should be sufficiently wide enough to allow wave action from boats to attenuate before reaching the shoreline. The size of the zone will depend on many factors including size and depth of the lake, the amount of shallow (<10 feet deep) areas, and the type of motors and boats used on the lake. No motor areas may be warranted on small shallow lakes or in areas of a lake that are particularly susceptible to erosion or otherwise need protection.

Pros

These techniques may reduce wave activity along shorelines susceptible to erosion. Limiting boat activity, particularly near shorelines or in shallow areas, may also have an additional benefit by improving water quality since less sediment may be disturbed and resuspended in the water column. Disturbed sediment contributes to poor water clarity, which can negatively effect sight feeding fish and wildlife and limit the available light needed for plant growth. Nuisance algae also benefit from disturbed sediment since this action makes available nutrients in the sediment that otherwise would stay settled on the bottom. This also may minimize plants being cut by boat props if the no wake buoys are outside plant beds.

Less motorboat disturbance will benefit wildlife and may encourage many species to use the lake both during spring and fall migration and for summer residence. This may add to the lake's aesthetics and increasing recreational opportunities for some lake users.

Cons

Enforcement and public education are the primary obstacles with these techniques. Public resistance to any regulation change may be strong, particularly if the lake is open to the public and has had no similar regulations in the past. Depending on the regulations implemented, there may be some loss of recreational use for some users, particularly powerboating. However, if the lake is large enough, certain parts of the lake (i.e., the middle or deepest) may be used for this activity without negatively influencing other uses.

Costs

Costs include the purchase and placement of signs, buoys, and enforcement, as well as maintenance of signs and buoys. No wake buoys cost approximately \$35-150 each. Signs may cost \$15-30 each.

Objective VI: Eliminate or Control Exotic Species

Numerous exotic plant species have been introduced into our local ecosystems. Some of these plants are aggressive, quickly out-competing native vegetation and flourishing in an environment where few natural predators exist. Plants such as purple loosestrife (*Lythrum salicaria*), buckthorn (*Rhamnus cathartica*), and reed canary grass (*Phalaris arundinacea*) are three examples. The outcome is a loss of plant and animal diversity. This section will address terrestrial shoreline exotic species.

Purple loosestrife is responsible for the "sea of purple" seen along roadsides and in wetlands during summer. It can quickly dominate a wetland or shoreline. Due in part to an extensive root system, large seed production (estimates range from 100,000 to 2.7 million seeds per plant), and high seed germination rate, purple loosestrife spreads quickly. Buckthorn is an aggressive shrub species that grows along lake shorelines as well as most upland habitats. It shades out other plants, its roots exude a chemical that discourages other plant growth, and it is quick to become established on disturbed soils. Reed canary grass is an aggressive plant species that was introduced as a shoreline stabilizer. It is found on lakeshores, stream banks, marshes and exposed moist ground. Although it does serve to stabilize shorelines to some extent, it has low food value and does not provide winter habitat for wildlife. It is very successful in taking over disturbed areas and, if left unchecked, will dominate an area, particularly a wetland or shoreline, in a short period of time. Since it begins growing early in the spring, it quickly outcompetes native vegetation that begins growth later in the year. Control of purple loosestrife, buckthorn, and reed canary grass are discussed below. However, these control measures can be similarly applied to other exotic species such as garlic mustard (Allilaria officianalis) or honeysuckle (Lonicera spp.) as well as some aggressive native species, such as box elder (Acer negundo).

The presence of exotic species along a lakeshore is by no means a death sentence for the lake or other plant and animal life. If controlled, many exotic species can perform many of the original functions that they were brought here for. For example, reed canary grass was imported for its erosion control properties. It still contributes to this objective (offering better erosion control than commercial turfgrass), but needs to be isolated and kept in control. Many exotics are the result of garden or ornamental plants escaping into the wild. One isolated plant along a shoreline will probably not create a problem by itself, but its removal early on is best. Problems arise when plants are left to spread, many times to the point where treatment is difficult or cost prohibitive. A monitoring program should be established, problem areas identified, and control measures taken when appropriate. This is particularly important in remote areas of lake shorelines where the spread of exotic species may go unnoticed for some time.

Option 1: No Action

No control will likely result in the expansion of the exotic species and the decline of native species. This option is not recommended if possible.

Pros

There are few advantages with this option. Some of the reasons exotics were brought into this country are no longer used or have limited use. However, in some cases having an exotic species growing along a shoreline may actually be preferable if the alternative plant is commercial turfgrass. Since turfgrass has shallow roots and is prone to erosion along shorelines, exotics like reed canary grass or common reed (*Phragmites australis*) will control erosion more effectively. Native plants should take precedent over exotics whenever possible. A table in Appendix A lists several native plants that can be planted along shorelines.

Cons

Native plant and wildlife diversity will be lost as stands of exotic species expand. Exotic species are not under the same stresses (particularly diseases and predators) as native plants and thus can out-compete the natives for nutrients, space, and light. Few wildlife species use areas where exotic plants dominate. This happens because many wildlife species either have not adapted with the plants and do not view them as a food resource, the plants are not digestible to the animal, or their primary food supply (i.e., insects) are not attracted to the plants. The result is a monoculture of exotic plants with limited biodiversity.

Recreational activities, especially wildlife viewing, may be hampered by such monocultures. Access to lake shorelines may be impaired due to dense stands of non-native plants. Other recreational activities, such as swimming and boating, may not be affected.

Costs

Costs with this option are zeroing initially, however, when control is eventually needed, costs will be substantially more than if action was taken immediately. Additionally, the eventual loss of ecological diversity is difficult to calculate financially.

Option 2: Biological Control

Biological control (bio-control) is a means of using natural relationships already in place to limit, stop, or reverse an exotic species' expansion. In most cases, insects that prey upon the exotic plants in its native ecosystem are imported. Since there is a danger of bringing another exotic species into the ecosystem, state and federal agencies require testing before any bio-control species are released or made available for purchase.

Recently two leaf beetles (*Galerucella pusilla* and *G. calmariensis*) and two weevils, one a root-feeder (*Hylobius transversovittatus*) and one a flower-feeder (*Nanophyes marmoratus*) have offered some hope to control purple loosestrife by natural means. These insects feed on the leaves, roots, or flowers of purple loosestrife, eventually weakening and killing the plant or, in the case of the flower-feeder, prevent seeding. In large stands of loosestrife, the beetles and weevils naturally reproduce and in many locations, significantly reduce plant densities. The insects are host specific, meaning that

they will attack no other plant but purple loosestrife. Currently, the beetles have proven to be most effective and are available for purchase. There are no designated stocking rate recommendations, since using bio-control insects are seen as an inoculation and it may take 3-5 years for beetle populations to increase to levels that will cause significant damage. Depending on the size of the infested area, it may take 1,000 or more adult beetles per acre to cause significant damage.

Pros

Control of exotics by a natural mechanism is preferable to chemical treatments. Insects, being part of the same ecological system as the exotic plant (i.e., the beetles and weevils and the purple loosestrife) are more likely to provide long-term control. Chemical treatments are usually non-selective while bio-control measures target specific plant species. This technique is beneficial to the ecosystem since it preserves, even promotes, biodiversity. As the exotic plant dies back, native vegetation can reestablish the area.

Cons

Few exotics can be controlled using biological means. Currently, there are no biocontrol techniques for plants such as buckthorn, reed canary grass, or a host of other exotics. One of the major disadvantages of using bio-control is the costs and labor associated with it.

Use of biological mechanisms to control plants such as purple loosestrife is still under debate. Similar to purple loosestrife, the beetles and weevils that control it are not native to North America. Due to the poor historical record of introducing non-native species, even to control other non-native species, this technique has its critics.

Costs

The New York Department of Natural Resources at Cornell University (email: bb22@cornell.edu, 607-255-5314, or visit the website: www.invasiveplants.net) sells overwintering adult leaf beetles (which will lay eggs the year of release) for \$1 per beetle and new generation leaf beetles (which will lay eggs beginning the following year) at \$0.25 per beetle. The root beetles are sold for \$5 per beetle. Some beetles may be available for free by contacting the Illinois Natural History Survey (INHS; 217-333-6846). The INHS also conducts a workshop each spring at Volo Bog for individuals and groups interested in learning how to rear their own beetles.

Option 3: Control by Hand

Controlling exotic plants by hand removal is most effective on small areas (< 1 acre) and if done prior to heavy infestation. Some exotics, such as purple loosestrife and reed canary grass, can be controlled to some degree by digging, cutting, or mowing if done early and often during the year. Digging may be required to ensure the entire root mass is removed. Spring or summer is the best time to cut or mow, since late summer and fall is when many of the plant seeds disperse. Proper disposal of excavated plants is important

since seeds may persist and germinate even after several years. Once exotic plants are removed, the disturbed ground should be planted with native vegetation and closely monitored since regrowth is common. Many exotic species, such as purple loosestrife, buckthorn, and garlic mustard are proficient at colonizing disturbed sites.

Pros

Removal of exotics by hand eliminates the need for chemical treatments. Costs are low if stands of plants are not too large already. Once removed, control is simple with yearly maintenance. Control or elimination of exotics preserves the ecosystem's biodiversity. This will have positive impacts on plant and wildlife presence as well as some recreational activities.

Cons

This option may be labor intensive or prohibitive if the exotic plant is already well established. Costs may be high if large numbers of people are needed to remove plants. Soil disturbance may introduce additional problems such as providing a seedbed for other non-native plants that quickly establish disturbed sites, or cause soil-laden run-off to flow into nearby lakes or streams. In addition, a well-established stand of an exotic like purple loosestrife or reed canary grass may require several years of intense removal to control or eliminate.

Costs

Cost for this option is primarily in tools, labor, and proper plant disposal.

Option 4: Herbicide Treatment

Chemical treatments can be effective at controlling exotic plant species. However, chemical treatment works best on individual plants or small areas already infested with the plant. In some areas where individual spot treatments are prohibitive or impractical (i.e., large expanses of a wetland or woodland), chemical treatments may not be an option because in order to chemically treat the area, a broadcast application would be needed. Because many of the herbicides are not selective, meaning they kill all plants they contact, this may be unacceptable if native plants are found in the proposed treatment area.

Herbicides are commonly used to control nuisance shoreline vegetation such as buckthorn and purple loosestrife. Herbicides are applied to green foliage or cut stems. Products are applied by either spraying or wicking (wiping) solution on plant surfaces. Spraying is used when large patches of undesirable vegetation are targeted. Herbicides are sprayed on growing foliage using a hand-held or backpack sprayer. Wicking is used when selected plants are to be removed from a group of plants. The herbicide solution is wiped on foliage, bark, or cut stems using an herbicide-soaked device. Trees are normally treated by cutting off a ring of bark around the trunk (called girdling). Herbicides are applied onto the ring at high concentrations. Other devices inject the herbicide through the bark. It is best to apply herbicides when plants are actively growing, such as in the late spring/early summer, but before formation of seed heads. Herbicides are often used in conjunction with other methods, such as cutting or mowing, to achieve the best results.

Proper use of these products is critical to their success. Always read and follow label directions.

Pros

Herbicides provide a fast and effective way to control or eliminate nuisance vegetation. Unlike other control methods, herbicides kill the root of the plant, which prevents regrowth. If applied properly, herbicides can be selective. This allows for removal of selected plants within a mix of desirable and undesirable plants.

Cons

Since most herbicides are non-selective, they are not suitable for broadcast application. Thus, chemical treatment of large stands of exotic species may not be practical. Native species are likely to be killed inadvertently and replaced by other non-native species. Off target injury/death may result from the improper use of herbicides. If herbicides are applied in windy conditions, chemicals may drift onto desirable vegetation. Care must also be taken when wicking herbicides as not to drip on to non-targeted vegetation such as native grasses and wildflowers. Another drawback to herbicide use relates to their ecological soundness and the public perception of them. Costs may also be prohibitive if plant stands are large. Depending on the device, cost of the application equipment can be high.

Costs

Two common herbicides, triclopyr (sold as Garlon ™) and glyphosate (sold as Rodeo®, Round-up™, Eagre™, or AquaPro™), are sold in 2.5 gallon jugs, and cost approximately \$200 and \$350, respectively. Only Rodeo® is approved for water use. A Hydrohatchet®, a hatchet that injects herbicide through the bark, is about \$300.00. Another injecting device, E-Z Ject® is \$450.00. Hand-held and backpack sprayers costs from \$25-\$45 and \$80-150, respectively. Wicking devices are \$30-40. A girdling tool costs about \$150.

Objective VII: Canada Goose Management

Canada geese (*Branta canadensis*) are migratory waterfowl common throughout North America. Geese in urban areas can be undesirable primarily due to the large amount of feces they leave behind. Recreational activities on lawns and parks are impeded due to goose feces. Large amounts of feces may end up in the water, either directly from geese on the water or rainwater runoff from lawns where feces have accumulated. Goose feces are high in organic phosphorus. High nutrient levels, particularly phosphorus, can contribute to excessive algae growth in lakes. This may inhibit other recreational activities such as boating or swimming, as well as create poor habitat for fish and wildlife, and possibly bad odors when the algae decays.

Geese become problematic for many reasons. They seek locations that have open water, adequate food supplies, and safety from predators. If these factors are present, geese may not migrate. Since geese exhibit a high level of site fidelity, they return to (or stay at) the same area each year. Thus, adults will likely come back to the same area year after year to nest. If conditions remain optimal, one pair of geese can quickly multiply causing additional problems. Increased development in Lake County has inadvertently created ideal habitat for goose populations. Manicured lawns mowed to the edge of lakes and detention ponds provide geese with open areas with ample food and security. Other conditions that encourage goose residency include open water during winter (primarily the result of aerators in lakes and ponds), mild winters, and people feeding birds with bread or similar human food.

Large populations of geese pose a potential disease threat both to resident and wild populations of waterfowl. This problem may be more serious in residential populations since these birds stay in one area for long periods of time are more likely to transmit any disease to neighboring groups of geese. There is no threat of disease transmission to humans or domestic dogs and cats since most of the diseases are specific to birds.

Option 1: No Action

Pros

This option has no costs, however, increasing numbers of geese will most likely exacerbate existing problems and probably create new ones, which in the future may cost more than if the problems are addressed immediately.

Cons

If current conditions continue and no action is taken, numbers of Canada Geese and problems associated with them will likely increase. An increase of goose feces washed into a lake will increase the lake's nutrient load and eventually may have a detrimental impact on water quality through excessive algae growth. One study (Manny et al. 1975) documented that each goose excretes 0.072 lbs of feces per day. This may not seem like a significant amount, but if 100 geese are present (many lakes in the county can experience 1,000 or more at a time) that equates to over 7 lbs of feces per day! Algae blooms may negatively impact recreational

uses such as swimming, boating, and fishing. In addition, when algae dies, odor problems and depleted oxygen levels in the water occur. Increased numbers of geese may also result in overgrazed areas of grass.

Costs

There are a few short-term financial costs with this option. Costs of cleaning feces off lawns or piers are probably more psychological or physical than financial. Long-term costs may be more indirect, including increased nutrient deposition into lakes which may promote excessive algae and plants. Costs incurred may include money needed to control algae with algaecides.

Option 2: Removal

Since Canada Geese are considered migratory waterfowl, both state and federal laws restrict taking or harassing geese. Under the federal Migratory Bird Treaty Act, it is illegal to kill or capture geese outside a legal hunting season or to harass their nests without a permit. If removal of problematic geese is warranted or if nest and egg destruction is an option, permits need to be obtained from the Illinois Department of Natural Resources (217-782-6384) and the U.S. Fish and Wildlife Service (217-241-6700).

Hunting is one of the most effective techniques used in goose management. However, since many municipalities have ordinances prohibiting the discharge of firearms, reduction of goose numbers by hunting in urban areas (i.e., lakes, ponds, and parks) may not be an option. Hunting does occur on many lakes in the county, but certain regulations apply (e.g., 100 yard minimum distance from any residential property). Contact the Illinois Department of Natural Resources for dates and regulations regarding the waterfowl hunting seasons. Also, contact local and county law enforcement agencies regarding any ordinances concerning hunting within municipal boundaries.

Egg addling, or destroying the egg by shaking, piercing, or freezing, can be used to reduce or eliminate a successful clutch. Eggs should be returned to the nest so the hen goose does not re-lay another clutch. However, if no eggs hatch, she may still lay another clutch. Leaving one or two eggs unaltered and allowing them to hatch may prevent another clutch from being laid and reduces the total year's reproduction. Egg addling requires a state and federal permit.

The capture and relocation of geese is no longer a desirable option. First, relocated geese may return to the same location where they were captured. Second, there is a concern over potential disease transmission from relocated geese to other goose populations. Finally, since goose numbers in Illinois are already high there is no need to supplement other populations in the area.

Pros

Removing a significant portion of a problem goose population can have a positive effect on the overall health of a lake. Reduction of feces on lawns and parks is beneficial to recreation users of all types. Less feces in the water means less

phosphorus available for nuisance plant and algae growth. Thus, the overall water quality of the lake may be improved by this reduction in phosphorus.

Cons

If the habitat conditions still exist, more geese will likely replace any that were removed. Thus, money and time used removing geese may not be well spent unless there is a change in habitat conditions.

Costs

A Illinois residential waterfowl hunting license (including state and federal waterfowl stamps) is \$39.00 for the 2002-2003 hunting season. For depredation permits, there is a \$25 fee for the federal permit. Once the federal permit is issued the state permit can be obtained at no charge.

Option 3: Dispersal/Repellent Techniques

Several techniques and products are on the market that claim to disperse or deter geese from using an area. These techniques can be divided into two categories: harassment and chemical. With both types of techniques it is important to implement any action early in the season, before geese establish territories and begin nesting. Once established, the dispersal/repellant techniques may be less effective and geese more difficult to coerce into leaving.

The goal with harassment techniques is to frighten geese from an area using sounds or objects. Various products are available that simulate natural predators (i.e., plastic hawks and owls) or otherwise make geese nervous (i.e., balloons, shiny tape, and flags). Other products emit noises, such as propane cannons, which can be set on a timer to go off at programmed intervals (e.g., every 20-30 seconds), or recorded goose distress calls which can be played back over a loudspeaker or tape player. Over time these techniques may be ineffective, since geese become acclimated to these devices. Most of these products are more effective when used in combination with other techniques.

Another technique that has become popular is using dogs or swans to harass geese. Dogs can be used primarily in the spring and fall to keep birds from using an area by herding or chasing geese away from a particular area. Any dogs used for this purpose should be well trained and under the owners control at all times. Professional trainers can be contracted to use their dogs for this purpose. Dogs should not be used during the summer when geese are unable to fly due to molting. Swans are used because they are naturally aggressive in defending their territory, including chasing other waterfowl away from their nesting area. Since wild swans cannot be used for this technique, non-native mute swans are used. However, mute swans are not as aggressive and in some case are permissive of geese. Again, using a combination of techniques would be most effective.

Chemical repellents can be used with some effectiveness. New products are continually coming out that claim to rid an area of nuisance geese. Several products (ReJeX-iT® and GooseChaseTM) are made from methyl-anthranilate, a natural occurring compound, and can be sprayed on areas where geese are feeding. The spray makes the grass distasteful

and forces geese to move elsewhere to feed. Another product, Flight Control™, works similarly, but has the additional benefit of absorbing ultra violet light making the grass appear as if it was not a food source. The sprays need to be reapplied every 14-30 days, depending upon weather conditions and mowing frequency.

Pros

With persistence, harassment and/or use of repellants can result in reduced or minimal usage of an area by geese. Fewer geese may mean less feces and cleaner yards and parks, which may increase recreational uses along shorelines. If large numbers of geese were once present, the reduction of fecal deposits into the lake may help minimize the amount of phosphorus entering the water. Less phosphorus in the water means less "food" available for plant and algae growth, which may have a positive effect of water quality. Finally, any areas overgrazed by geese may have a chance to recover.

Cons

The effectiveness of harassment techniques is reduced over time since geese will adapt to the devices. However, their effectiveness can be extended if the devices are moved to different locations periodically, or used in conjunction with other techniques.

Use of dogs can be time consuming, since the dog must be trained and taken care of. Dogs must also be used frequently in the beginning of the season to be effective at deterring geese. This requires time of the dog owner as well. Dogs (frequently herding dogs, like border collies) that are effective at harassing or herding geese are typically may not be the best pets for the average homeowner. They are bred as working dogs and consequently have high levels of energy that requires the owner's attention.

Repelling or chasing away geese from an area only solves the goose problem for that area and most likely moves the geese (and the problem) to another area. As long as there is suitable habitat nearby, the geese will not wander very far.

Costs

Costs for the propane cannons are approximately \$660 (\$360 for the cannon, \$300 for a timer), not including the propane tank. The cost of ReJeX-iT® is \$80/gallon, GooseChase™ is \$95/gallon, and Flight Control™ costs \$200/gallon. One gallon covers one acre of turf using ReJeX-iT® and, GooseChase™, and two acres using Flight Control™.

Option 4: Exclusion

Erecting a barrier to exclude geese is another option. In addition to a traditional wood or wire fence, an effective exclusion control is to suspend netting over the area where geese are unwanted. Geese are reluctant to fly or walk into the area. A similar deterrent that is often used is a single string or wire suspended a foot or so above the ground along the length of the shoreline.

Pros

Depending on the type of barrier used, areas of exclusion will have less fecal mess and may have higher recreational uses. Vegetation that was overgrazed by geese may also be able to recover.

Cons

This technique will not be effective if the geese are using a large area. Also, use of the area by people is severely limited if netting is installed. Fences can also limit recreational uses. The single string or wire method may be effective at first, but geese often learn to go around, over, or under the string after a short period of time. Finally, excluding geese from one area will force them to another area on a different part of the same lake or another nearby lake. While this solves one property owners problem, it creates one (or makes one worse) for another. Also, problems associated with excess feces entering the lake (i.e., increased phosphorus levels) will continue.

Costs

The costs of these techniques are minimal, unless a wood or wire fence is constructed. String, wire, or netting can be purchased or made from materials at local stores.

Option 5: Habitat Alteration

One of the best methods to deter geese from using an area is through habitat alteration. Habitats that consist of mowed turfgrass to the edge of the shoreline are ideal for geese. Low vegetation near the water allows geese to feed and provides a wide view with which to see potential predators. In general, geese do not favor habitats with tall vegetation. To achieve this, create a buffer strip (approximately 10-20 feet wide) between the shoreline and any mowed lawn. Planting natural shoreline vegetation (i.e., bulrushes, cattails, rushes, grasses, shrubs, and trees, etc.) or allowing the vegetation to establish naturally can create buffer strips. A table in Appendix A has a list of native plants, seeding rates, and approximate costs that can be used when creating buffer strips.

Geese prefer ponds and lakes that have shorelines with gentle slopes to ones with steep slopes. While this alone will not prevent geese from using an area, steeper slopes used along with other techniques will be more effective. This option may not be practical for existing lake shorelines since any grading and/or filling would require permits and surveys, which would drive up the costs of redoing the shoreline considerably.

Aeration systems that run into the fall and winter prevent the lake from freezing, thus not forcing geese to migrate elsewhere. To alleviate this problem, turn aerators off during fall and early winter. Once the lake freezes over and the geese have left, wait a few weeks before turning the aerators on again if needed.

Pros

Altering the habitat in an area can not only make the habitat less desirable for geese, but may be more desirable for many other species of wildlife. A buffer strip has additional benefits by filtering run-off of nutrients, sediments, and pollutants and protecting the shoreline from erosion from wind, wave, or ice action. Finally, the more of the area that is in natural vegetation, the less turfgrass that needs to be constantly manicured and maintained.

Cons

Converting a portion or all of an area to tall grass or shrub habitat may reduce the lake access or visibility. However, if this occurs, a small path can be made to the lake or shorter plants may be used at the access location in the buffer strip.

Costs

If minimal amount of site preparation is needed to create a buffer strip, costs can be approximately \$10 per linear foot, plus labor. The labor that is needed can be completed by the property owner in most cases, although consultants can be used to provide technical advice where needed. This cost will be higher if the area needs to be graded. If grading is necessary, appropriate permits and surveys are needed. If filling is required, additional costs will be incurred if compensatory storage is needed. Compensatory storage is the process of excavating in a portion of a property or floodplain to compensate for the filling in of another portion of the floodplain. The permitting process is costly, running as high as \$1,000-2,000 depending on the types of permits needed.

Once established, a buffer strip of native plants needs little maintenance. If aerators are not run for several months, there will be a reduction in electrical costs.

Option 6: Do Not Feed Waterfowl!

There are few "good things", if any, that come from feeding waterfowl. Birds become dependent on handouts, become semi-domesticated, and do not migrate. This causes populations to increase and concentrate, which may create additional problems such as diseases within waterfowl populations. The nutritional value in many of the "foods" (i.e., white bread) given to geese and other waterfowl are quite low. Since geese are physiologically adapted to eat a variety of foods, they can actually be harmed by filling-up on human food. Geese that are accustom to hand feeding may become aggressive toward other geese or even the people feeding the geese.

Costs

There are no costs to this option, except the public education that is needed to encourage people not to feed waterfowl. In some cases, signs could be posted to discourage waterfowl feeding.

Reference:

Manny, B. A., R. G. Wetzel, and W. C. Johnson. 1975. Annual contribution of carbon, nitrogen, and phosphorus by migrant Canada geese to a hardwater lake. Verh. Internat. Verein. Limnol. 19:949-951.

Objective VIII: Beaver Management

The beaver (*Castor canadensis*) is the largest rodent in North America. Adults typically weigh 40-50 pounds, but may weigh over 90 pounds. Beavers make their homes in lodges or dens along a lake or streambank. They can live in a small group of two or in larger colonies of five or more. Beavers generally confine their activities to an area within 1/2 mile of their lodge or den.

Beavers were common in Illinois prior to the 1900's. Extensive hunting and trapping in the late 1800's and early 1900's nearly extirpated the beaver from the state. However, conservation efforts, including hunting and trapping laws and reintroduction programs, in the middle 1900's successfully brought the populations back. Currently, beavers are found throughout Illinois.

Beavers are frequently blamed for destroying valuable shrubs and trees and flooding yards and farm fields. In a lake, beavers may dam a culvert or a stream causing lake water levels to rise or fall depending of the directional flow of the culvert or stream. On many lakes, beavers do not build dams since the water level is deep enough. In these cases they build lodges along the shoreline.

Beavers provide many benefits as well. Their engineering skills benefit natural environments by creating wetlands, pools, and other habitats favored by many other wildlife species including waterfowl, other mammals, amphibians, and fish. Several endangered species also benefit from habitats created by beaver.

Option 1: No Action

With this option, no attempts are made to curtail beaver activities. Beaver populations may increase or decrease, depending on the circumstances in and around the lake. Damage to nearby plants may occur if the beaver population continues to grow. If limited food sources are available, beaver may leave the area in search for more suitable conditions elsewhere.

Pros

The quality habitats created by beaver will continue to provide havens for fish and wildlife species. Wildlife watching will likely be improved.

Cons

Beaver populations may continue to increase, potentially causing more damage to valuable shrubs and trees. Significant alterations around the lake (reduction of plant life, particularly trees) may be viewed negatively by some lake residents. Also, higher water levels resulting from beaver dams may damage property or concern many landowners.

Costs

Costs for this option is primarily from beaver damage or destruction (i.e., cut trees, flood damage, etc.).

Option 2: Exclusion

One of the most successful options in beaver management is using exclusion techniques to prevent damage to valued resources, like shrubs and trees. Beavers have preferred foods (i.e., maple, aspen and willow trees) and will target these species before selecting other types of trees or shrubs.

Excluding the beavers from damaging these plants generally is accomplished by erecting a fence either around an area or individual plant that is to be protected. Any sturdy fencing material should work. In all cases, fences should be at least four feet in height, since beavers are not good climbers. The four foot height is necessary to prevent beaver from breaching the fence in winters with significant snow depths.

Individually, trees should be double wrapped with hardware cloth or welded wire. Wire should be to the base of the tree. Annual maintenance will be needed to prevent loose wire from slipping off the tree.

Pros

Excluding beaver from certain areas or individual plants will obviously prevent the damage or death of the plants selected for protection. Exclusion of beavers may also force them to move to another more suitable location since their main source of food and shelter has been made inaccessible.

Cons

Preventing beaver from damaging certain areas or plants may force them to select other areas or plants that are not protected. This may lead to having to exclude more areas or plants from damage than previously planned.

Costs

Hardware cloth or heavy duty welded wire are available for local hardware stores. Costs for fencing larger areas are dependent on fence type, height, and length.

Option 3: Removal

Removing beavers from an area is usually done by either live or kill trapping or shooting. Live traps may look like a box (Havahart traps) or an open clamshell (Hancock traps). These traps usually need to be set on dry land so the captured beaver does not drown. Kill traps (called conibear traps) are the most commonly used by trappers. These traps are usually set underwater, along a run, or at the surface of the water, generally near the lodge or den. Baits and scents are often used to lure beavers to traps. Seasonal trapping and hunting restrictions prohibit taking beaver when they are raising young. Licenses are required to trap or shoot beaver in Illinois. Many municipalities prohibit discharging a firearm within its boundaries.

Pros

Trapping beavers will remove the nuisance animals from the immediate area. If a commercial trapper is used, nothing else needs to be done by the landowner. Valuable shrubs and trees will be protected.

Cons

Physically removing beavers is a time consuming and sometimes expensive technique that often is short-lived. Hiring someone to trap beaver can be costly and seldom are all beavers trapped out of an area. The few that remain will reproduce and the problem may continue. Even if all members of a population are trapped, it is likely that other beavers will immigrate into the habitat vacated by the trapped individuals.

Costs

A trapping license in Illinois costs \$10.50 in 2003, hunting license cost \$7.50. A hunting license is not needed if only trapping is conducted. However, if either license is purchased a habitat stamp is also needed (\$5.50). Live traps can range from \$70 each (Havahart trap) to \$350 each (Hancock trap) or more. Kill traps like a #330 conibear cost \$18-20 each (cheaper if large numbers are purchased). A pair of setting tools needed to set conibear trap cost \$10. Additional cost may include bait or scent.

Commercial trappers usually charge a set-up fee (approximately \$200-250) and \$100/beaver. Costs increase if beavers are live-trapped.

Option 4: Habitat Alteration

Altering the habitat around the dam or lodge can also avert beaver damage. Removing the preferred foods (i.e., maple, aspen, and willow) and replacing or replanting with less preferred foods (i.e., pine or spruce) may reduce the amount of damage.

Physically removing the dam or lodge may encourage the beaver to move elsewhere. However, permits from the Illinois Department of Natural Resources are needed for this.

Pros

Altering habitat or physical removal of a dam may encourage beaver to leave the area.

Cons

Beaver may still gnaw on non-preferred food items. Damaged or removed dams may be rebuilt. Significant time and effort would be needed to alter the habitats around a lake.

Costs

Costs will depend on the degree of habitat alteration that is done. Most of the costs will be in the form of personal time by landowners or other interested parties.

Objective IX: Enhance Wildlife Habitat Conditions

The key to increasing wildlife species in and around a lake can be summed up in one word: habitat. Wildlife need the same four things all living creatures need: food, water, shelter, and a place to raise their young. Since each wildlife species has specific habitat requirements, which fulfill these four basic needs, providing a variety of habitats will increase the chance that wildlife species may use an area. Groups of wildlife are often associated with the types of habitats they use. For example, grassland habitats may attract wildlife such as northern harriers, bobolinks, meadowlarks, meadow voles, and leopard frogs. Marsh habitats may attract yellow-headed blackbirds and sora rails, while manicured residential lawns attract house sparrows and gray squirrels. Thus, in order to attract a variety of wildlife, a mix of habitats are needed. In most cases quality is more important than quantity (i.e., five 0.1-acre plots of different habitats may not attract as many wildlife species than one 0.5 acre of one habitat type).

It is important to understand that the natural world is constantly changing. Habitats change or naturally succeed to other types of habitats. For example, grasses may be succeeded by shrub or shade intolerant tree species (e.g., willows, locust, and cottonwood). The point at which one habitat changes to another is rarely clear, since these changes usually occur over long periods of time, except in the case of dramatic events such as fire or flood.

In all cases, the best wildlife habitats are ones consisting of native plants. Unfortunately, non-native plants dominate many of our lake shorelines. Many of them escaped from gardens and landscaped yards (i.e., purple loosestrife) while others were introduced at some point to solve a problem (i.e., reed canary grass for erosion control). Wildlife species prefer native plants for food, shelter, and raising their young. In fact, one study showed that plant and animal diversity was 500% higher along naturalized shorelines compared to shorelines with conventional lawns (University of Wisconsin – Extension, 1999).

Option 1: No Action

This option means that the current land use activities will continue. No additional techniques will be implemented. Allowing a field to go fallow or not mowing a manicured lawn would be considered an action.

Pros

Taking no action may maintain the current habitat conditions and wildlife species present, depending on environmental conditions and pending land use actions. If all things remain constant there will be little to no effect on lake water quality and other lake uses.

Cons

If environmental conditions change or substantial land use actions occur (i.e., development) wildlife use of the area may change. For example, if a new housing

development with manicured lawns and roads is built next to an undeveloped property, there will probably be a change in wildlife present.

Conditions in the lake (i.e., siltation or nutrient loading) may also change the composition of aquatic plant and invertebrate communities and thus influence biodiversity. Siltation and nutrient loading will likely decrease water clarity, increase turbidity, increase algal growth (due to nutrient availability), and decrease habitat for fish and wildlife.

Costs

The financial cost of this option may be zero. However, due to continual loss of habitats many wildlife species have suffered drastic declines in recent years. The loss of habitat affects the overall health and biodiversity of the lake's ecosystems.

Option 2: Increase Habitat Cover

This option can be incorporated with Option 3 (see below). One of the best ways to increase habitat cover is to leave a minimum 25-foot buffer between the edge of the water and any mowed grass. Allow native plants to grow or plant native vegetation along shorelines, including emergent vegetation such as cattails, rushes, and bulrushes (see the table in Appendix A for costs and seeding rates). This will provide cover from predators and provide nesting structure for many wildlife species and their prey. It is important to control or eliminate non-native plants such as buckthorn, purple loosestrife, garlic mustard, and reed canary grass, since these species outcompete native plants and provide little value for wildlife.

Occasionally high mowing (with the mower set at its highest setting) may have to be done for specific plants, particularly if the area is newly established, since competition from weedy and exotic species is highest in the first couple years. If mowing, do not mow the buffer strip until after July 15 of each year. This will allow nesting birds to complete their breeding cycle.

Brush piles make excellent wildlife habitat. They provide cover as well as food resources for many species. Brush piles are easy to create and will last for several years. They should be place at least 10 feet away from the shoreline to prevent any debris from washing into the lake.

Trees that have fallen on the ground or into the water are beneficial by harboring food and providing cover for many wildlife species. In a lake, fallen trees provide excellent cover for fish, basking sites for turtles, and perches for herons and egrets.

Increasing habitat cover should not be limited to the terrestrial environment. Native aquatic vegetation, particularly along the shoreline, can provide cover for fish and other wildlife.

Pros

Increased cover will lead to increased use by wildlife. Since cover is one of the most important elements required by most species, providing cover will increase the chances of wildlife using the shoreline. Once cover is established, wildlife usually have little problem finding food, since many of the same plants that provide cover also supply the food the wildlife eat, either directly (seeds, fruit, roots, or leaves) or indirectly (prey attracted to the plants).

Additional benefits of leaving a buffer include: stabilizing shorelines, reducing runoff which may lead to better water quality, and deterring nuisance Canada geese. Shorelines with erosion problems can benefit from a buffer zone because native plants have deeper root structures and hold the soil more effectively than conventional turfgrass. Buffers also absorb much of the wave energy that batters the shoreline. Water quality may be improved by the filtering of nutrients, sediment, and pollutants in run-off. This has a "domino effect" since less run-off flowing into a lake means less nutrient availability for nuisance algae, and less sediment means less turbidity, which leads to better water quality. All this is beneficial for fish and wildlife, such as sight-feeders like bass and herons, as well as people who use the lake for recreation. Finally, a buffer strip along the shoreline can serve as a deterrent to Canada geese from using a shoreline. Canada geese like flat, open areas with a wide field of vision. Ideal habitat for them are areas that have short grass up to the edge of the lake. If a buffer is allowed to grow tall, geese may choose to move elsewhere.

Cons

There are few disadvantages to this option. However, if vegetation is allowed to grow, lake access and visibility may be limited. If this occurs, a small path can be made to the shoreline. Composition and density of aquatic and shoreline vegetation are important. If vegetation consists of non-native species such as or Eurasian water milfoil or purple loosestrife, or in excess amounts, undesirable conditions may result. A shoreline with excess exotic plant growth may result in a poor fishery (exhibited by stunted fish) and poor recreation opportunities (i.e., boating, swimming, or wildlife viewing).

Costs

The cost of this option would be minimal. The purchase of native plants can vary depending upon species and quantity. Based upon 100 feet of shoreline, a 25-foot buffer planted with a native forb and grass seed mix would cost between \$165-270 (2500 sq. ft. would require 2.5, 1000 sq. ft. seed mix packages at \$66-108 per package). This does not include labor that would be needed to prepare the site for planting and follow-up maintenance. This cost can be reduced or minimized if native plants are allowed to grow. However, additional time and labor may be needed to insure other exotic species, such as buckthorn, reed canary grass, and purple loosestrife, do not become established.

Option 3: Increase Natural Food Supply

This can be accomplished in conjunction with Option 2. Habitats with a diversity of native plants will provide an ample food supply for wildlife. Food comes in a variety of forms, from seeds to leaves or roots to invertebrates that live on or are attracted to the plants. Plants found in the table in Appendix A should be planted or allowed to grow. In addition, encourage native aquatic vegetation, such as water lily (*Nuphar* spp. and *Nymphaea tuberosa*), sago pondweed (*Stuckenia pectinatus*), largeleaf pondweed (*Potamogeton amplifolius*), and wild celery (*Vallisneria americana*) to grow. Aquatic plants such as these are particularly important to waterfowl in the spring and fall, as they replenish energy reserves lost during migration.

Providing a natural food source in and around a lake starts with good water quality. Water quality is important to all life forms in a lake. If there is good water quality, the fishery benefits and subsequently so does the wildlife (and people) who prey on the fish. Insect populations in the area, including beneficial predatory insects, such as dragonflies, thrive in lakes with good water quality.

Dead or dying plant material can be a source of food for wildlife. A dead standing or fallen tree will harbor good populations of insects for woodpeckers, while a pile of brush may provide insects for several species of songbirds such as warblers and flycatchers.

Supplying natural foods artificially (i.e., birdfeeders, nectar feeders, corn cobs, etc.) will attract wildlife and in most cases does not harm the animals. However, "people food" such as bread should be avoided. Care should be given to maintain clean feeders and birdbaths to minimize disease outbreaks.

Pros

Providing food for wildlife will increase the likelihood they will use the area. Providing wildlife with natural food sources has many benefits. Wildlife attracted to a lake can serve the lake and its residents well, since many wildlife species (i.e., many birds, bats, and other insects) are predators of nuisance insects such as mosquitoes, biting flies, and garden and yard pests (such as certain moths and beetles). Effective natural insect control eliminates the need for chemical treatments or use of electrical "bug zappers" that have limited effect on nuisance insects.

Migrating wildlife can be attracted with a natural food supply, primarily from seeds, but also from insects, aquatic plants or small fish. In fact, most migrating birds are dependent on food sources along their migration routes to replenish lost energy reserves. This may present an opportunity to view various species that would otherwise not be seen during the summer or winter.

Cons

Feeding wildlife can have adverse consequences if populations become dependent on hand-outs or populations of wildlife exceed healthy numbers. This frequently happens when people feed waterfowl like Canada geese or mallard ducks. Feeding these waterfowl can lead to a domestication of these animals. As a result, these birds do not migrate and can contribute to numerous problems, such as excess feces, which is both a nuisance to property owners and a significant contribution to the lake's nutrient load. Waterfowl feces are particularly high in phosphorus. Since phosphorus is generally the limiting factor for nuisance algae growth in many lakes in the Midwest, the addition of large amounts of this nutrient from waterfowl may exacerbate a lake's excessive algae problem. In addition, high populations of birds in an area can increase the risk of disease for not only the resident birds, but also wild bird populations that visit the area.

Finally, tall plants along the shoreline may limit lake access or visibility for property owners. If this occurs, a path leading to the lake could be created or shorter plants may be used in the viewing area.

Costs

The costs of this option are minimal. The purchase of native plants and food and the time and labor required to plant and maintain would be the limit of the expense.

Option 4: Increase Nest Availability

Wildlife are attracted by habitats that serve as a place to raise their young. Habitats can vary from open grasslands to closed woodlands (similar to Options 2 and 3).

Standing dead or dying trees provide excellent habitat for a variety of wildlife species. Birds such as swallows, woodpeckers, and some waterfowl need dead trees to nest in. Generally, a cavity created and used by a woodpecker (e.g., red-headed or downy woodpecker, or common flicker) in one year, will in subsequent years be used by species like tree swallows or chickadees. Over time, older cavities may be large enough for waterfowl, like wood ducks, or mammals (e.g., flying squirrels) to use. Standing dead trees are also favored habitat for nesting wading birds, such as great blue herons, night herons, and double-crested cormorants, which build stick nests on limbs. For these birds, dead trees in groups or clumps are preferred as most herons and cormorants are colonial nesters.

In addition to allowing dead and dying trees to remain, erecting bird boxes will increase nesting sites for many bird species. Box sizes should vary to accommodate various species. Swallows, bluebirds, and other cavity nesting birds can be attracted to the area using small artificial nest boxes. Larger boxes will attract species such as wood ducks, flickers, and owls. A colony of purple martins can be attracted with a purple martin house, which has multiple cavity holes, placed in an open area near water.

Bat houses are also recommended for any area close to water. Bats are voracious predators of insects and are naturally attracted to bodies of water. They can be enticed into roosting in the area by the placement of bat boxes. Boxes should be constructed of rough non-treated lumber and placed >10 feet high in a sunny location.

Pros

Providing places were wildlife can rear their young has many benefits. Watching wildlife raise their young can be an excellent educational tool for both young and old.

The presence of certain wildlife species can help in controlling nuisance insects like mosquitoes, biting flies, and garden and yard pests. This eliminates the need for chemical treatments or electric "bug zappers" for pest control.

Various wildlife species populations have dramatically declined in recent years. Since, the overall health of ecosystems depend, in part, on the role of many of these species, providing sites for wildlife to raise their young will benefit not only the animals themselves, but the entire lake ecosystem.

Cons

Providing sites for wildlife to raise their young have few disadvantages. Safety precautions should be taken with leaving dead and dying trees due to the potential of falling limbs. Safety is also important when around wildlife with young, since many animals are protective of their young. Most actions by adult animals are simply threats and are rarely carried out as attacks.

Parental wildlife may chase off other animals of its own species or even other species. This may limit the number of animals in the area for the duration of the breeding season.

Costs

The costs of leaving dead and dying trees are minimal. The costs of installing the bird and bat boxes vary. Bird boxes can range in price from \$10-100.00. Purple martin houses can cost \$50-150. Bat boxes range in price from \$15-50.00. These prices do not include mounting poles or installation.

Option 5: Limit Disturbance

Since most species of wildlife are susceptible to human disturbance, any action to curtail disturbances will be beneficial. Limiting disturbance can include posting signs in areas of the lake where wildlife may live (e.g., nesting waterfowl), establish a "no wake" area, boat horsepower or speed limits, or establish restricted boating hours. These are examples of time and space zoning for lake usage. Enforcement and public education are needed if this option is to be successful. In some areas, off-duty law enforcement officers can be hired to patrol the lake.

Pros

Limiting disturbance will increase the chance that wildlife will use the lake, particularly for raising their young. Many wildlife species have suffered population declines due to loss of habitat and poor breeding success. This is due in part to their sensitivity to disturbance.

This option also can benefit the lake in other ways. Limited boat traffic may lead to less wave action to batter shorelines and cause erosion, which results in suspension of nutrients and sediment in the water column. Less nutrients and sediment in the water column may improve water quality by increasing water clarity and limiting nutrient availability for excessive plant or algae growth.

Recreation activities such as canoeing and paddleboating may be enhanced by the limited disturbance.

Cons

One of the strongest oppositions to this option would probably be from the powerboat users and water skiers. However, this problem may be solved if a significant portion of the daylight hours and the use of the middle part of the lake (assuming the lake is deep enough) are allowed for powerboating. For example, powerboating could be allowed between 9 AM and 6 PM within the boundaries established by "no wake" restricted area buoys.

Costs

The costs of this option include the purchase and placement of signs and public educational materials as well as enforcement. Off-duty law enforcement officers usually charge \$25/hour to enforce boating laws or local ordinances.